









AADHAR SHILA

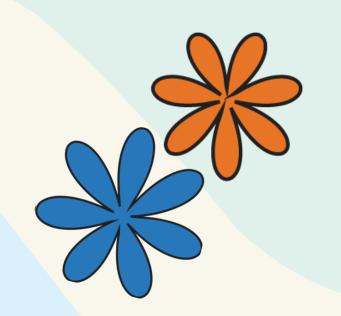
National Curriculum for Early Childhood Care and Education 2024 for children from three to six years

WEEKLY PLAY BASED CALENDAR

(4 WEEKS OF INITIATION, 36 WEEKS OF ACTIVE LEARNING AND 8 WEEKS OF REINFORCEMENT)

Initiation & Induction Plan

Use the first 4 weeks of every academic cycle to conduct activities that can help children transition from home to the Anganwadi Centre comfortably by engaging them in fun, free play and child led activities, giving ample opportunities for caregivers from home to be present with the child in the Anganwadi Centre. This plan can also be used for children joining at any other point in the academic cycle.





INITIATION & INDUCTION WEEKS

WHAT CHILDREN WOULD LEARN:

- Begins to interact comfortably with less familiar adults.
- Demonstrates comfort in staying in the classroom without parents or familiar adults.
- Separates willingly from adults to play with peers, most of the time.
- Begins to participate, take initiative & enjoy with other children in play-based activities.

- Demonstrates spontaneity and preference to play with familiar children, joins a group of children playing, with adult's help if necessary.
- Demonstrates strategies to play and work with other children (e.g., invites them to join a game, accommodates mutual rules, negotiations, roles for play).

LEARNING TIME

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

PLAY WELCOME Ш EN EN

Let's get started!









Hygiene check







Include Parents/Home-caregivers to sit with child & participate actively

material display & let child explore

Parents/Home-caregivers introduce child to AWW & facilitate one-on-one conversations

Parents/Home-caregivers to interact with & introduce other children to child

Let's play! Provide different play materials for choice based play













Parents/Home-caregivers & AWWs to encourage sharing toys & taking turns/joining other children in play

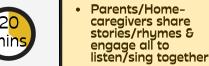


Snack (10mins)



Let's weave wonders!







Focus on familiar/popular folklore/stories/rhy mes to grab their



When AWW narrates/shares/sings rhymes/stories, Parents/ Home-caregivers can repeat & explain to child



Parents/Homecaregivers engage with small groups of children in picture book/story telling/reading



Let's explore!





AWW picks a learning outcome & provides toys/TLM for engaging children & observes their play Parents/Home-caregivers use provided TLM to engage in learning outcome specific plau/conversations

AWW joins small/large groups & records observations on child's current learning level Joint efforts to ensure child plays with other children & shares/exchanges toys/conversations



AWC





SHAPES

LISTEN &

RESPOND TO

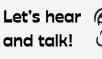
INSTRUCTIONS



SENSES



LEARNING AND PLAS







- AWW & Parents/Home-caregivers engage children in active conversations on different topics
- Encourage free/semi-structured conversations one-on-one & in small groups to give attention to al AWW joins one-on-one & small group conversations & records observations on child's current language & communication skills
- Include, give mindful attention & praise all children, welcome all talks without dismissing children.



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8 МЕ



& FRIENDS



FAMILY NEIGHBOURHOOD











create!





- AWW & Parents/Home-caregivers provide opportunities to express via art/craft
- AWW records observations on child's current fine-gross motor/creative/cognitive skills Together they create routines, rules, plan activities to help child feel welcomed & secure
- Include, give mindful attention & praise all children for their efforts put their creations for



MODEL OF



ROUTINE





RULES





ART/CRAFT

SOUNDS



Lunch and Rest (30min)











Recap















Free



Activity





Share about next day



Bye-bye

Let's reflect!



conversation



Provide safe outdoor, boundary space and equipment for

play.

Parents/Home-caregivers & AWW to set up a good bye ritual for each child

Build obstacle paths, floor games that children can

naturally engage in with others. Organise group games.

Parents/Home-caregivers to gradually reduce participation & presence in AWC



Child plays with parents in centre



AWW plays with child, parents & introduces to other children





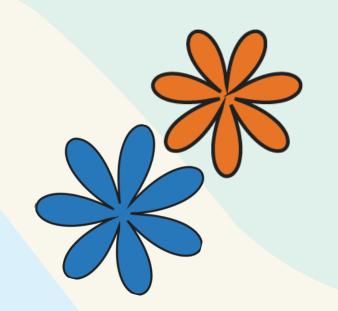
Child plays with other children & AWW. with parent close-by



Child plays comfortably at centre with AWW & other children, in absence of parents

Active Play Based Learning Plan

The following 18 week plan is a core part of the learning cycle of the children in the Anganwadi Centre. Take up all the activities mentioned for each day to ensure children achieve all the learning outcomes and get sufficient opportunity to reinforce their previous learnings as well.









- Understands need for a clean, organized classroom and maintaining personal hygiene
- Recognises and explores different shapes and colours
- Identifies common animals, birds, fruits & vegetables & learns about their characteristics
- Identifies, describes one's role with different people & describes common objects and pictures
- Explores and uses different materials to make visual art work
- Develops listening skills: recognises common sounds, distinguishes between high & low pitch, identifies beginning sounds of words

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OME &	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance	Weather Q	Free conversation
WELCOME FREE PLAY	Let's play! (mine) m	ovide different play aterials for choice ased play		800			
			Snack (1	lOmins)			
	Let's weave wonders! 20 mins	Story telling: Gratitude Towards Family & Friends	Singing Rhymes: Vegetables	Story telling: Environment	Story Telling: Friendship & Co-operation	Singing Rhymes: Body Parts	Free Picture Book/Story Book Reading Time
ט ס	Let's explore!		Colours around us: Identify, Find & Sort	Shapes around us: Identify, Find, Create & Sort	Exploring My Anganwadi Centre	Animals Around Us: Identify & describe common animals	Weekly Worksheet: • 3-4: Colouring (Pg. 1) • 4-5: Shapes (Pg. 17), Picture Sound
LEARNING AND PLAY	Let's hear and talk!	My Family & Me: Introduce, Talk About Self & Family		Identify & Describe objects	Playing with Sounds: Identify & Differentiate beginning/ending sounds	Guess the sound: Create, recognise & Differentiate	Matching (Pg. 45) • 5–6: Domestic & Wild Animals (Pg. 4)
	Let's create! 25 mins	Stamp & Print: Fruits & Vegetables Create & Guess impressions	Artistic Adventure: Free Painting & Drawing	Sandy Discoveries: Free Sand Play	My Storage Box: Decorate & Create Personal Storage Box 66	Paper Ball Mosaic: Make & Paste Paper Balls on Different Drawings	Observation Based Reinforcement Activities Choice based free
	Let's appreciate!	Keep Me Where I Belong: Sort & Store Objects Appropriately	Grow a Plant: Nurture, Understand Parts & Function	Scavenger Hunt: Find Objects of Different Colour &/or Shape	My Family & Me: Introduce-Talk about self & family	Loud or Soft: Identify sounds, Distinguish & Create Different Pitch Sounds	indoor/outdoor play OR Community Visit Prepare for Following Week 62
			Lunch and F	Rest (30min)			
0	Pr	ovide different outdoor		7-	~10 —	2 8	

AND WRAP REFLECT

Let's get active!



play materials for choice based play



















Let's reflect!



Free conversation



Recap



Favourite Activity

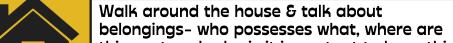


Clean Up



Share about next day





things stored, why is it important to keep things in their place etc.

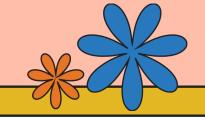


Look at old family pictures or talk about family members– name, relationship with child, favourite memory with them. Look at pictures in magazines, newspapers & talk about different types of families.

Under adult supervision, sit with child in kitchen or walk to a vegetable vendor and identify different fruits and vegetables-talk about their colour, taste etc.







- Ensures a clean organised classroom and maintain personal hygiene
- Differentiates between shapes, colours and their shades
- Develops vocabulary for understanding concepts, uses theme-specific terms in conversations and develops phonological awareness
- Identifies and describes one's role with different people & displays affection towards others
- Explores and uses different materials to make visual art work and creates imprints
- Distinguishes between high and low pitches in sound

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OME &	Let's get started!	Welcome y	Warm up	Hygiene check	Attendance (Weather	Free conversation
WELCOME & FREE PLAY	Let's play!	rovide different play naterials for choice a ased play		8			
			Snack (1	Omins)			
ש א	Let's weave wonders! 20 mins	Singing Rhymes: Vegetables	Singing Rhymes: Body Parts	Story Telling: Gratitude Towards Family & Friends	Story Telling: Environment	Story Telling: Friendship & Cooperation	Free Picture Book/Story Book Reading Time
	Let's explore!	, , , ,	Colours around us: Identify, Find & Sort 7	Shapes around us: Identify, Find, Create & Sort	Playing with jigsaw puzzles: Complete & Identify Missing Parts 27	Colours around us: Identify, Find & Sort	• 3-4: Trace & Colour (Pg.5), Free Drawing (Pg.28) • 4-5: Classification -
LEARNING AND PLAY	Let's hear and talk!	Guess the sound: Create, recognise & Differentiate	Playing with Sounds: Identify & Differentiate beginning/ending sounds	Animals Around Us- ldentify & Describe Common Animals	Who am I?: Guess, Identify & Describe Objects	Understanding Myself My Choices/ Preferences /Likes/ Dislikes etc. 57	
	Let's create! 25 mins	Fun with Shapes: Draw, Colour, Trace & Paint Shapes	Fruits & Vegetables Create & Guess impressions	Origami Fun: Paper Folding	Sandy Discoveries: Free Sand Play	Artistic Adventure: Free Painting & Drawing	Observation Based Reinforcement Activities
		85	63	Loud or Soft:	65	64	Choice based free indoor/outdoor play
	Let's appreciate!	My Family & Me: Introduce, Talk About Self & Family	Clean, Clean, Clean: Learn Why, When & How About Washing Hands	Identify sounds, Distinguish & Create Different Pitch Sounds	Scavenger Hunt: Find Objects of Different Colour &/or Shape	Grow a Plant: Nurture, Understand Parts & Function	OR Community Visit Prepare for Following Week 62
			Lunch and F	lest (30min)			
LECT	Let's get active!	rovide different outdoo lay materials for choice ased play				i Er	



Let's reflect!



Free conversation



Recap



Favourite Activity



Clean Up



Share about next day



Bye-bye



Collect common household items that make distinctive sounds (e.g., keys, spoon, bell). Blindfold child, make a sound & have them guess it.

Collect household items like bottle caps, sponges, or cut vegetables. Encourage child to dip in paint, stamp on paper to create art/patterns. Help to identify colours.

Take child around neighborhood, help identify animals & talk about them-colour, what they eat, where they stay, sound they produce etc.







- Identifies and describes common objects, people, pictures, places, tools and learns to express gratitude towards people who help.
- Begins to use personal care objects and maintains personal hygiene.
- Identifies missing parts of pictures and arranges objects in order up to three levels.
 Explores and uses different materials to make visual art work and creates imprints

- Differentiates between shapes, colours, and their shades
- Develops vocabulary for understanding concepts, uses theme-specific terms in conversations and develops phonological awareness.
- Distinguishes between smells and sounds; Identifies and categorizes them basis similarity and differences.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WELCOME S FREE PLAY	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance	Weather Q	Free conversation
WELC	Let's play!	Provide different play materials for choice based play		800			
			Snack (1	lOmins)			
	Let's weave wonders! 20 mins	Singing Rhymes: Handwashing & Personal Hygiene	Singing Rhymes: Fruits	Story Telling: Community Helpers	Singing Rhymes: Body Parts	Story Telling: Community Helpers	Free Picture Book/Story Book Reading Time
ש ה	Let's explore! 30 mins	Vegetables Around Us: Identify and name vegetables	Colours around us: Identify, Find & Sort	Exploring My Anganwadi Centre	Shapes around us: Identify, Find, Create & Sort	Colours around us: Identify, Find & Sort	 Weekly Worksheet: 3-4: Tracing the dots (Pg. 14) & Concept of shape- circle (Pg. 33) 4-5: Fruits & vegetables
LEARNING AND PLAY	Let's hear and talk!	Smell & Tell: Identify, Distinguish as Pleasant/ Unpleasant	Identify & Differentiate beginning/ending	Health & Hygiene: Discussion on Routine, Body Parts, Tools to Clean 40	helpers: Name, Identify Role, Tools	Understanding Myself My Choices/ Preferences /Likes/ Dislikes etc. 57	(Pg. 11), Collage work: Maize (Pg. 1) 5-6: Collage work (Pg. 1)
	Let's create! 25 mins	Paper Ball Mosaic: Make & Paste Paper Balls on Different Drawings	Animal Face Mask: Create & Role Play	Express Gratitude	Stamp & Print: Fruits & Vegetables Create & Guess impressions	Thank You Card: Express Gratitude to All Helpers	Observation Based Reinforcement Activities Choice based free
	Let's appreciate!	Nature Exploration: Categorize pictures/objects in groups	Clean, Clean, Clean: Learn Why, When & How About Washing Hands	My Family & Me: Introduce, Talk About Self & Family	All We Use: Match Objects with their Uses	Scavenger Hunt: Find Objects of Different Colour &/or Shape	indoor/outdoor play OR Community Visit Prepare for Following Week
			Lunch and F	Rest (30min)			
L 0	Lot's got getivel	Provide different outdoo	or 😝 🧷		3 9 1	1 3000	

Let's get active!



play materials for choice based play



















Let's reflect!



Free conversation



Recap



HOME LEARNING ACTIVITIES

Favourite Activity



Clean Up



Share about next day



Bye-bye



things like twigs, stones, leaves, flowers etc. Encourage child to identify these, dip in paint, stamp on paper to create art/patterns. Help to identify colours.

Take child around neighbourhood and encourage conversation with different community helpers. Help in understanding their profession, tools they use, how they help others and express gratitude.

Blindfold the child and encourage them to taste and smell different things. Help them identify the source of smell and categorise as pleasant/unpleasant, good/bad, dangerous smells etc.



REFLECT

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- Identifies and describes one's role in various interactions, expresses affection, and describes common objects, people, and pictures.
- Begins using personal care items and practices personal hygiene.
- Distinguishes shapes, colours, and their shades,
- Makes relative comparisons between objects basis number, length, size, volume, and weight.
- Identifies & distinguishes between smell and taste of objects; Shares and categorizes basis different their characteristics.
- Follows simple instructions and arranges objects in order up to three levels.
- Develops vocabulary for understanding concepts, uses theme-specific terms in conversations and develops phonological awareness.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
WELCOME & FREE PLAY	Let's get started!	Welcome y	Warm up	Hygiene check	Attendance (Weather	Free conversation			
WELC	Let's play!	Provide different play naterials for choice spaced play		800						
			Snack ('	IOmins)						
	Let's weave wonders!	Singing Rhymes: Relational Concepts- Big-Small, Tall-Short etc.	Singing Rhymes: Vegetables	Story Telling: Community Helpers	Singing Rhymes: Body Parts	Story Telling: Environment	Creating Picture/Word Wall			
_	• • •	Tail-Short etc. 2.5	2.1	1.4	2.2	1.2	115			
ַ תַ טַ	Let's explore!	Identify, Find & Sort	Let's Compare: Understand & Compare Basis Number, Length, Size, Weight, Volume	Animals Around Us: Identify & Describe Common Animals	Shapes around us: Identify, Find, Create & Sort	Fruits Around Us: Identify and name fruits	Monthly ECCE Day Discuss with			
LEARNING AND PLAS	Let's hear and talk!	Smell & Tell: Identify, Distinguish as Pleasant/Unpleasant 39	Food Chart: Name, Identify Taste, Distinguish as Healthy/Unhealthy ₄₂	Playing with Sounds: Identify & Differentiate beginning/ ending sounds	Smell & Tell: Identify, Distinguish as Pleasant/Unpleasant 39	Our Community Helpers: Name, Identify Role, Tools Used 41	Caregivers-Importance of ECCEDomains of			
	Let's create! 25 mins	Stamp & Print: Fruits & Vegetables Create & Guess impressions	Animal Face Mask: Create & Role Play	Artistic Adventure: Free Painting & Drawing	Let's Cook: Make Fruit and Vegetable Chaat	Fun with Clay: Compare Creations using Relational Vocabulary	Development • Oath to spend 30 minutes daily			
	Let's appreciate!	Follow the instructions: Body Movements	All We Use: Match Objects with their Uses	Our Community Helpers: Name, Identify Role, Tools Used	My Family & Me: Introduce, Talk About Self & Family	Scavenger Hunt: Find Objects of Different Colour &/or Shape	in play based learning activities with child			
	Lunch and Rest (30min)									
		Provide different outdoo				A				

AND WRAP REFLECT

Let's get active!



Provide different outdoor play materials for choice based play



















Let's reflect!



Free conversation



Recap



HOME LEARNING ACTIVITIES

Favourite Activity



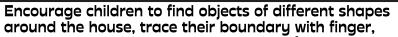
Clean Up



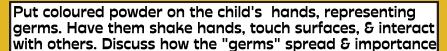
Share about next day



Bye-bye



name and describe the characteristics of each shape. Encourage them to draw shapes in air, water, sand.



of handwashing. Role-play how to wash hands properly.

Play a guessing game on tools/objects with childrengive cues on use, look, characteristics- include objects like remote, phone, stethoscope, computer, hammer, weighing scale, helmet etc.





- Differentiates between shapes, colours, and their shades and compares objects based on quantities, shapes, measurements length , volume & weight.
- Uses different materials to make visual artwork and exhibits motor control.
- Eats a variety of food from different food groups, explores different tastes and textures, and follows picture recipes to prepare simple snacks.
- Identifies and describes common objects, people, pictures; shows kindness towards animals and plants.
- Begins to use personal care objects, maintains personal hygiene and ensures classroom cleanliness.
- Answers simple questions about events and phenomenon and makes causal connections.
- Differentiates fragrance of flowers, perfumes, food items and sorts objects into groups based on size, length, height, and weight

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
WELCOME & FREE PLAY	Let's get started!	Welcome y	Warm up	Hygiene check	Attendance (Weather	Free conversation		
WELC	Let's play!	Provide different play materials for choice cased play		₹ \$ \$ • • • • • • • • • •					
			Snack ('	10mins)					
	Let's weave wonders! 20 mins	Singing Rhymes: Handwashing & Personal Hygiene	Story Telling: Conflict Resolution	Story Telling: Family & Relationships	Singing Rhymes: Relational Concepts- Big-Small, Tall-Short etc. 2.5	Story Telling: Road Safety	Free Picture book/Story Book Reading Time		
ש	Let's explore!	Let's Compare: Understand & Compare Basis Number, Length, Size, Weight, Volume	Identify, Find & Sort	Experiment with Water: See what sinks, floats, dissolves, settles, changes colour etc.	Colours & Shades: Identify, Create, Compare & Match	Shapes around us: Identify, Find, Create & Sort	• 3-4: Collage work (Pg. 18), Concept of length (Pg. 19)		
LEARNING AND PLAY	Let's hear and talk!	family tree role-	Daily Routine: Talk, Identify, Relate to Time of Day & Other Activities	Understand & Role Play Rules	Understanding Myself: My Choices/ Preferences /Likes/ Dislikes etc. 57	Food Chart: Name, Identify Taste, Distinguish as Healthy/Unhealthy ₄₂	 4-5: Concept of Colour: Green (Pg. 8), Shapes (Pg. 39) 5-6: Collage work (Pg. 11) 		
	Let's create! 25 mins	Food Magic: Recognise Smell, Taste, Texture & Cook	Artistic Adventure: Tearing and Pasting	Fun with Clay: Compare Creations using Relational Vocabulary	Artistic Adventure: Free Painting & Drawing	Shelter: Talk About Need & Create Using Different Materials	Observation Based Reinforcement Activities Choice based free		
	Let's appreciate!	Experiment with Air: Observe what blows in wind and what does not	Clean, Clean, Clean: Learn Why, When & How About Washing Hands	Sorting Activity: Sort basis colour, shape, size & other criteria	Scavenger Hunt: Find Objects of Different Colour &/or Shape		indoor/outdoor play OR Community Visit Prepare for Following		
	Lunch and Rest (30min)								
TAP		Provide different outdoo olay materials for choice				A LOVER			

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based play



















Let's reflect!



Free conversation



Recap



HOME LEARNING ACTIVITIES

Favourite Activity



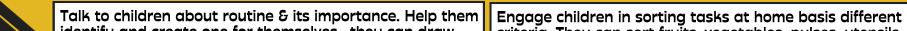
Clean Up



Share about next day



Bye-bye



identify and create one for themselves- they can draw and paste this in eye-sight. Example: Morning routine, Hygiene routine, night routine, meal-time routine etc.

criteria. They can sort fruits-vegetables, pulses, utensils, clothes according to type/colour/taste/size/use/who they belong to etc.

Under careful supervision, take children to a red light crossing and guide to observe traffic movement, safety rules being followed, safe use of helmet/seat belt/footpath/zebra-crossing etc.





- Compares objects based on length and weight, arranging up to three levels based on size. • Initiates play with other children and demonstrates a preference for playing with familiar
- Predicts outcomes, including colours when mixing, and makes predictions based on causal relationships to answer questions related to natural phenomena.
- Explores large and small sizes in creating visual artworks, including three-dimensional forms and imprints, using various materials.
- Identifies self as a member of a family, talks about close family members, matches objects to their relationships/use and engages in imaginative play using objects.
 Eats a variety of food from different food groups and identifies healthy and unhealthy food items

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WELCOME & FREE PLAY	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance (Weather	Free conversation
WELC	Let's play!	Provide different play materials for choice based play		800			
			Snack (1	lOmins)			
	Let's weave wonders! 20 mins	Singing Rhymes: Relational Concepts- Big-Small, Tall-Short etc. 2.5	Story Telling: Animals- Domestic & Wild	Story Telling: Conflict Resolution	Singing Rhymes: Let's Eat Healthy!	Let's Describe Pictures: Talk and discuss what one can see	Free Picture book/Story Book Reading Time
ט א	Let's explore! 30 mins	Colours around us: Identify, Find & Sort	Playing with jigsaw puzzles: Complete & Identify Missing Parts 27	Experiment with Water: See what sinks, floats, dissolves, settles, changes colour etc.	Let's Compare: Understand & Compare Basis Number, Length, Size, Weight, Volume	Shapes around us: Identify, Find, Create & Sort	Weekly Worksheet: • 3-4: Concept of numbers (Pg. 37) & Concept of colour - Yellow (Pg. 32)
LEARNING AND PLAY	Let's hear and talk!	Things Around Us: Identify & Describe fruits, vegetables, animals & birds 46	Family: Talk about relationships, draw family tree, role-play	Identify, Relate to Time of Day & Other	Playing with Sounds: Identify & Differentiate beginning/ending sounds 38	Health & Hygiene: Discussion of body parts and tools 40	 4–5: Concept of length (Pg. 6), Functional Association (Pg. 14) 5–6:Picture sound matching(Pg. 26)
	Let's create! 25 mins	Stamp & Print: Create & Guess impressions	Fun with Clay: Compare Creations using Relational Vocabulary	Origami Fun: Paper Folding	Stamping & Painting: Things Around Me	How my family looks!: Draw, Paint, Create Using Clay	Observation Based Reinforcement Activities Choice based free
	Let's appreciate! 20 mins	All We Use: Match Objects with their Uses	Experiment with Air: Observe what blows in wind and what does not	Scavenger Hunt: Find Objects of Different Colour &/or Shape	Colours & Shades: Identify, Create, Compare & Match	Our Community Helpers: Name, Identify Role, Tools Used	indoor/outdoor play OR Community Visit Prepare for Following Week 62
			Lunch and P	Rest (30min)			
REFLECT IND WRAP	Let's get active!	Provide different outdoo play materials for choice based play					
REF!	Let's reflect!	Free conversation	Recap 6	Favourite Activity		Share about next do	ly Sy e-bye



Provide primary colours of paint (red, blue, yellow) and bowls. Let children experiment with mixing colours to create secondary colours. Encourage them to use white and black paints to change the shade of colours.

Take the children on a nature walk to collect leaves, flowers, or interesting textures. Roll out a piece of clay and ask

HOME LEARNING ACTIVITIES

them to press the collected items onto the clay to create imprints. They can also sort their collections basis different Under guided supervision, give children a tub of water and encourage them to experiment by putting different things in it and checking what sinks and what floats.



- Shares information about self & family, uses vocabulary acquired from specific themes, and identifies and describes common objects.
- Compares objects lengths & weights, distinguishing longer/shorter & heavier/lighter and sorts them into three groups based on size, length, height, and weight...
- Identifies self as a member of a family, neighbourhood, school and city,

- Explores art instruments while creating marks, lines and other imagery in visual arts.
- Distinguishes fast and slow tempo while exploring rhythm and produces a variety of sounds and body movements according to beats.
- Follows simple instructions and identifies modes of shapes, colours, modes of transport, celestial bodies, digital & non-digital tools

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OME &	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance	Weather P	Free conversation
WELCOME & FREE PLAY	Let's play!	Provide different play materials for choice based play		800			
			Snack (10mins)			
	Let's weave wonders! 5	Singing Rhymes: Different Types of Transport and Sounds 2.7	Story Telling: Family & Relationships	Story Telling: Our Universe (Sun, stars, moon, planets etc.)	Singing Rhymes: Relational Concepts- Big-Small, Tall- Short etc.	Let's Describe Pictures: Talk and discuss what one can see	Free Picture book/Story Book Reading Time
ת ט	Let's explore!	Colours & Shades: Identify, Create, Compare & Match	Understand Uses	Let's Compare: Understand & Compare Basis Number, Length, Size, Weight, Volume	Fun with Colours: Sort, Match, Mix & Create Colours	Explore Technology: Identify Tools & Understand Uses	 Weekly Worksheet: 3-4: Concept of colourblue (Pg. 29), Concept of size (Pg. 11) 4-5: Concept of distance
LEARNING AND PLAY	Let's hear and talk!	Follow the instructions: Body Movements	Health & Hygiene: Discussion of body parts and tools	Family: Talk about relationships, draw family tree, role-play	Daily Routine: Talk, Identify, Relate to Time of Day & Other Activities	Food Chart: Name, Identify Taste, Distinguish as Healthy/Unhealthy ₄₂	(Pg. 4), Sequence of events(Pg. 35) 5-6: Concept of weight (Pg. 2)
	Let's create! 25 mins	Artistic Adventure: Free Painting & Drawing	Fun with Clay: Compare Creations using Relational Vocabulary	Paper Ball Mosaic: Make & Paste Paper Balls on Different Drawings	Create with Clay: Make Different Tools, Discuss & Use for Role-play	Lets Dance!: Create body movement patterns & perform to fast/slow beats	Observation Based Reinforcement Activities Choice based free
	Let's appreciate!	Sorting Activity: Sort basis colour, shape, size & other criteria	Our Community Helpers: Name, Identify Role, Tools Used	Means of Transport: Identify, Describe & Compare	Scavenger Hunt: Find Objects of Different Colour &/or Shape	How my family looks!: Draw, Paint, Create Using Clay	indoor/outdoor play OR Community Visit Prepare for Following Week 62
			Lunch and F	Rest (30min)			
О.	(20)	Provide different outdoo	or 🖎 🦳 🗡		24 0	7 8	

AND WRAF REFLECT

Let's get active!



play materials for choice based play





















Let's reflect!



Free conversation



Recap



Favourite Activity



Clean Up



Share about next day





Provide old magazines or newspapers and encourage the children to cut or tear different modes of transport they spot and create a collage- talk about each & compare/contrast with others.

HOME LEARNING ACTIVITIES

Take the child out on different days & times to observe the morning & night sky. Talk about what they see & how the sky changes. Talk about sunrise-sunset, different shapes of moon, star arrangement/patterns etc.

Play different types of music and encourage children to dance to beats. Excite them to make their own dance moves and perform suiting the beats you make using easily available materials.



- Practices hygiene independently by washing hands, using personal care items and adopts
- Matches, sorts and classifies shapes of various sizes and colours; recognises and repeats patterns.
- Builds and uses vocabulary and understands themes like seasons, transport, sky, routine etc.
- Identifies and describes common objects on their own & narrates daily experiences.
- Creates three-dimensional forms by rolling and patting materials like clay or dough and produces imprints using blocks, stencils, found objects, and natural materials.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
OME &	Let's get started!	Welcome U	Warm up	Hygiene check	Attendance (Weather	Free conversation			
WELCOME FREE PLAS	Let's play!	rovide different play naterials for choice ased play		₹ ♦ 8 000						
			Snack (1	Omins)						
,		Story Telling: Family & Relationships	Story Telling: Conflict Resolution	Singing Rhymes: Handwashing & Personal Hygiene	Story Telling: Our Universe (Sun, stars, moon, planets etc.)	Singing Rhymes: Relational Concepts- Big-Small, Tall- Short etc.	Creating Picture/Word Wall			
ת ט	Let's explore!	Find the Odd Picture/Object Out	Shapes Around Us: Identify, Find, Create & Sort	Pattern Making: Recognise, Repeat, Extend & Create Patterns	Picture/Object Out	Let's Compare: Understand & Compar Basis Number, Length, Size, Weight, Volume	Monthly ECCE Day			
LEARNING AND PLAY	Let's hear and talk!	Who am I?: Touch, Feel & Guess	Explore Seasons: Name & Understand Characteristics 49	Daily Routine: Talk, Identify, Relate to Time of Day & Other Activities 44	Family: Talk about relationships, draw family tree, role-play	Spatial Concepts: Understand in/out, over /under, top/bottom, front/back etc. 20	Discuss with Caregivers- • Learning corners: Children			
	Let's create! 25 mins	Tearing and Pasting	Fun with Patterns: Create Art/Craft/ Beading/Body- Movement Patterns	Role Play: Understanding family, relationships & professions	Fun with Clay: Compare Creations using Relational Vocabulary	Stamping & Painting: Things around me	demonstrate progress Child Portfolio			
	Let's appreciate!	Nature Walk: Sort & classify different objects	Road Safety: Understand & Role Play Rules	Animals, insects & birds around me: Identify, Name & Describe	Explore Seasons: Name & Understand Characteristics	Means of Transport: Identify, Describe & Compare	 Needs & Learning Curve of each child 			
	Lunch and Rest (30min)									

AND WRAP REFLECT

Let's get active!



Provide different outdoor play materials for choice based play

















Let's reflect!



Free conversation



Recap



Favourite Activity



Clean Up



Share about next day





Collect and display various textured items from around the house (soft fabrics, rough surfaces, smooth objects). Blindfold the child and let them feel each item, guessing the object & identifying the texture.

HOME LEARNING ACTIVITIES

Using objects of daily use– make small groups and encourage children to identify the odd one out & share the reason for selection. Like a set of 2 spoons & 1 bowl, 2 red vegetables & 1 green, 3 red colour things & 1 black erc

Provide paper and crayons. Ask children to draw a family picture, including themselves and each family member and their pets.



- Shares experiences using learnt vocabulary in class & identifies rhyming words
- Predicts, experiments and explores mixing colours, rolling-sliding object
- Compares the lengths and weights of two objects, and sort objects into three groups based on their
- Identifies feelings, explores smell/tastes/textures/patterns/spatial & positional concepts
- Creates marks, lines, scribbles, and other two-three dimensional imagery in visual artworks.
- Gets introduced to age-appropriate number vocabulary, understanding & counting in the correct seauence.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
OME &	Let's get started!	Welcome U	Warm up	Hygiene check	Attendance (Weather	Free conversation			
WELCOME FREE PLAY	Let's play!	Provide different play naterials for choice pased play		₹ ♦ 8 000						
			Snack (1	Omins)						
^	Let's weave wonders! 20 mins	Story Telling: Road Safety	Singing Rhymes: Spatial & Positional Concepts	Story Telling: Conflict Resolution	Spatial & Positional Concepts	Let's Describe Pictures: Talk and discuss what one can see	Free Picture book/Story Book Reading Time			
— תיט	Let's explore! 30 mins	Find the Odd Picture/Object Out	Fun with Colours: Sort, Match, Mix & Create Colours	Introduction to Numbers: Match & Count	Recognise, Repeat,	Introduction to Numbers: Match & Count	 Weekly Worksheet: 3-4: Concept of space (Pg. 9), Complete the picture (Pg. 20) 			
LEARNING AND PLAY			Strings 50	Food Chart: Name, Identify Taste, Distinguish as Healthy/Unhealthy 42	Words: Recognise,	Spatial Concepts: Understand in/out, over/under, top/bottom front/back etc. 20	 4–5: Space concept (Pg. 2), Concept of position (Pg. 46) 5–6: Trace & colour (Pg. 7), Count & trace (Pg. 16) 			
	Let's create! 25 mins	Folding	Fun with Patterns: Create Art /Craft / Beading/Body- Movement Patterns	Create with Clay: Make Different Tools, Discuss & Use for Role-play	Role Play: Understanding family, relationships & professions	Artistic Adventure: Tearing and Pasting	Observation Based Reinforcement Activities Choice based free			
	Let's appreciate! 20 mins	Roll & Slide: Predict, Experiment, Find out	What am I feeling?: Talk, Label, Understand Emotions	Nature Walk: Sort & classify different objects	How my family looks!: Draw, Paint, Create Using Clay	What am I feeling?: Talk, Label, Understand Emotions	indoor/outdoor play OR Community Visit Prepare for Following Week 62			
	Lunch and Rest (30min)									

AND WRAF Let's get active! REFLECT

play materials for choice based play



















Let's reflect!



min

Free conversation



Recap



HOME LEARNING ACTIVITIES

Favourite Activity



Clean Up



Share about next day



Bye-bye



professions for a fun, interactive learning experience at home.

Facilitate discussion on feelings and have open

conversations with children, encouraging them to name, identify and share their feelings, understand yours and associate feelings with situations.

Utilize everyday objects to create simple and complex patterns. Éncourage children to first identify and copy patterns, then extend and create by themselves.







- Gets introduced to age-appropriate number vocabulary; understanding & counting in the correct
- Identifies rhyming words & common alphabets of L-One language, associating them with sound.
- Converses with peers and teachers and applies known information in a new context.

- recognises repeating patterns & extends simple patterns of objects/ pictures/ shapes etc.
- Associates emotions with words & facial expressions, expressing emotions through verbal and non-verbal modes such as gestures and drawings.
- Produces a variety of speech, movements, sounds, and visual art works in collaboration with peers.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
WELCOME & FREE PLAY	Let's get started!	Welcome 1	Warm up	Hygiene check	Attendance (Weather	Free conversation			
WELC	Let's play!	Provide different play naterials for choice based play		800						
·			Snack (1	Omins)						
	Let's weave wonders! 20 mins	Singing Rhymes: Numbers & Counting & Counting	Singing Rhymes: Different Types of Transport and Sounds 2.7	Singing Rhymes: Numbers & Counting	Story Telling: Our Universe (Sun, stars, moon, planets etc.)	Let's Describe Pictures: Talk and discuss what one can see	Free Picture book/Story Book Reading Time			
תט	Let's explore!	Colours around us: Identify, Find & Sort	Pattern Making: Recognise, Repeat, Extend & Create Patterns	Colours around us: Identify, Find & Sort	Introduction to Numbers: Match & Count	Find the Odd Picture/Object Out	Weekly Worksheet: • 3-4: Concept of shape (Pg. 43) • 4-5: Spot the difference (Pg. 31), Object			
LEARNING AND PLAY	Let's hear and talk!	Spatial Concepts: Understand in/out, over /under, top /bottom, front/back	Finding Rhyming Words: Recognise, Identify, Create Strings	Who am I?: Guess, Identify & Describe objects	Colours around us: Identify, Find & Sort	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	matching (Pg. 14) • 5–6: Letter shape			
	Let's create! 25 mins	Identify, Draw & Share Feelings	Origami Fun: Paper Folding	Lets Dance!: Create body movement patterns & perform to fast/slow beats	Food Magic: Recognise Smell, Taste, Texture & Cook	Paper Ball Mosaic: Make & Paste Paper Balls on Different Drawings Mosaic Art 67	Observation Based Reinforcement Activities Choice based free			
	Let's appreciate!	Keep Me Where I Belong: Sort & Store Objects	Can you find me?: Find objects basis shared criteria	Sorting Activity: Sort basis colour, shape, size & other criteria	Nature Walk: Sort & classify different objects	Means of Transport: Identify, Describe & Compare	indoor/outdoor play OR Community Visit			
		Appropriately 95	110	103	106	104	Prepare for Following Week 62			
	Lunch and Rest (30min)									
ECT	Let's get active!	Provide different outdoo play materials for choice pased play								





based play



















Let's reflect!



Free conversation



Recap



HOME LEARNING ACTIVITIES

Favourite Activity



Clean Up



Share about next day



Bye-bye



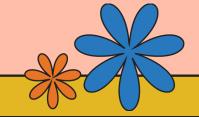
Sing different rhymes/songs/folklore with children & encourage them to identify the different rhyming words & clap when they hear them. Have fun creating rhyming strings of sensical/non-sensical words.

Play food guessing games with children daily. Encourage them to guess the food cooked or available basis smell, taste & other cues given by you.



Encourage children to draw/paint a set of Emojis/ Faces depicting different feelings like- happiness, sadness, anger, fear, surprise, nervousness etc. Use these to talk about and share feelings.





- Begins to visually recognise and connect commonly occurring letters to corresponding sounds.
- recognises & extends/creates patterns, understands use of common tools & follows instructions.
- Gets introduced to age-appropriate number vocabulary; understanding & counting in the correct sequence.
- Exhibits motor control for tasks that require fine-motor, eye-hand coordination with moderate precision.
- Compares two objects based on hard and soft, hot and cold, rough and smooth.
- Keeps and retrieves personal belongings and follows hygiene practices.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WELCOME & FREE PLAY	Let's get started!	Welcome U	Warm up	Hygiene check	Attendance (Weather	Free conversation
WELC	Let's play!	rovide different play naterials for choice s ased play		€ 800 Boo			
			Snack (1	Omins)			
	Let's weave wonders! 20 mins	Singing Rhymes: Spatial & Positional Concepts	Singing Rhymes: Numbers & Counting & Counting	Storytelling: Road Safety	Singing Rhymes: Different Types of Transport and Sounds 2.7	Let's Describe Pictures: Talk and discuss what one can see	Free Picture Book/ Story Book Reading Time
ת ט	Let's explore!	Find the Odd Picture/Object Out	Spatial Concepts: Understand in/out, over/under, top/ bottom, front/back etc.	Introduction to Numbers: Match & Count	Pattern Making: Recognise, Repeat, Extend & Create Patterns	Find the Odd Picture/Object Out	 Weekly Worksheet: 3-4: Concept of space (Pg. 23), (ree drawing (Pg. 3) 4-5: Count & draw (Pg.
LEARNING AND PLAY	Let's hear and talk!	Role Play: Understanding family, relationships & professions 52	Who am I?: Guess, Identify & Describe Objects		Daily Routine: Talk, Identify, Relate to Time of Day & Other Activities	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	30) • 5-6: Letter shape
	Let's create! 25 mins	Shelter: Talk About Need & Create Using Different Materials	Wonders in our Bin: Reuse & Recycle Safe Waste Creatively	Create with Clay: Make Different Tools, Discuss & Use for Role-play	Artistic Adventure: Tearing and Pasting	Fun with Pictures: Cut/Tear Along the Outline	Observation Based Reinforcement Activities Choice based free
	Let's appreciate!	Sorting Activity: Sort basis colour, shape, size & other criteria		Keep Me Where I Belong: Sort & Store Objects Appropriately	Roll & Slide: Predict, Experiment, Find out	Keep Me Where I Belong: Sort & Store Objects Appropriately	Prepare for Following
		103	Lunch and R	95 Rest (30min)	108	95	Week 62
LECT	Let's get active!	Provide different outdoo lay materials for choice ased play	r				
REFLECT AND WRA	Let's reflect!	Free conversation	Recap 6	Favourite Activity		Share about next da	y Sy e-bye



Have fun with children exploring & sorting easily available objects according to colour, shape, texture, utility, possession, sound etc.

Engage children in craft activities using common household (safe) waste like cardboard boxes, old newspaper, bottles, paper plates, cloth scraps etc. Praise their creative efforts to make something new!

HOME LEARNING ACTIVITIES

Engage children in counting games. Count different objects around the house, like– windows, pots, glasses, spoons etc. Help them identify numbers wherever you spot them in print & show equivalent number using fingers.



WHAT CHILDREN WOULD LEARN:

- Develops early self-care habits, including washing hands and road safety awareness.
- Expresses wants and feelings, participates in group activities, waits for their turn and shows affection, appreciation for diversity.
- Identifies and describes objects, establishes connections between them and demonstrates dexterity in using them..
- Recognises patterns, demonstrates early numerical proficiency, counting & understanding cardinality, creates & extends patterns.
- Understands and uses words for common experiences and explores artworks with creativity.
- Engages in rhythm, responds to artworks, practices memory recall & enjoys outdoor exploration.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
WELCOME & FREE PLAY	Let's get started!		Warm up	Hygiene check	Attendance (Weather •	Free conversation			
WELC	Let's play!	ovide different play aterials for choice used play		800						
			Snack (1	lOmins)						
	Let's weave wonders! 20 mins	Singing Rhymes: Numbers & Counting	Story telling: Friendship	Personal Hygiene	Singing Rhymes: Numbers & Counting	Let's Describe Pictures: Talk and discuss what one can see	Creating Picture/Word Wall			
ָר טַ	Let's explore!	Identify Tools &	Introduction to Numbers: Match & Count	Recognise, Repeat, Extend & Create	Feel the difference: Experiment, Explore, Compare Temperature Differences	Introduction to Numbers: Match & Count	Monthly ECCE Day			
LEARNING AND PLAS	Let's hear and talk!	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound 51	Name & Understand Characteristics	My Colourful India: Explore, Understand & Appreciate Diversity 53	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	Memory Magic: Recall Objects, Words & Patterns	Discuss with Caregivers- • Major Domains,			
	Let's create! 25 mins	Fun with Patterns: Create Art/ Craft/ Beading/Body- Movement Patterns	Origami Fun: Paper Folding	Music Patterns: Create, Compare- High/Low Pitch, Loud/Soft Sounds	Daily Routine: Talk, Identify, Relate to Time of Day & Other Activities	Identify, Draw & Share Feelings	Skills & Activities that will be covered through the year for			
	Let's appreciate!	Means of Transport: Identify, Describe & Compare	Touch, Feel, Recognise: Understand & Compare Textures	Road Safety: Understand & Role Play Rules	Touch, Feel, Recognise: Understand & Compare Textures	Animals, insects & birds around me: Identify, Name & Describe	children of each age group			
	Lunch and Rest (30min)									
0	Pr	ovide different outdoor		T		4 .				

REFLECT AND WRAP

Let's get active!



play materials for choice based play



















Let's reflect!



9

Free conversation



Recap



Favourite Activity



Clean Up



Share about next day



Bye-bye

HOME LEARNING ACTIVITIES

Explore local park/ field with children. Have them tell you about 4–5 things they enjoy there. Encourage drawing or talking about it. Collect small things from the park and share them at home.

Make music together at home using steel bowls filled with varying water levels. Encourage turn-taking as you play with spoons. It's a fun way to explore sounds and rhythm!

Show 3–4 objects to your child, let them examine their details. Hide these objects, state some identifying features (colour, shape, texture etc.) & ask them to guess the object.







- Develops dressing independence and identifies differences basis enhanced sensory
- Expresses preferences, recognises emotions & practices pro-social behaviour.
- Observes, describes, and creatively applies knowledge & vocabulary.

- Compares & sorts objects based on physical attributes & demonstrates early numeracy skills.
- Follows multi-step instructions, engages in rhyming activities, understands letter-sound associations, recognises commonly occurring letters.
- Explores visual arts, engages in rhythm activities & practices memory recall.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WELCOME & FREE PLAY	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance (Weather •	Free conversation
WELCO	Let's play!	rovide different play laterials for choice ased play		A C B C C C C C C C C C C			
			Snack (1	lOmins)			
	Let's weave wonders! 20 mins	Disability & Inclusion 1.11	Singing Rhymes: Different Types of Transport and Sounds 2.7	Story telling: Friendship	Singing Rhymes: Numbers & Counting	Story telling: Disability and Inclusion	Free Picture book/Story Book Reading Time
ת ט	Let's explore! 30 mins	Numbers: Match & Count	Identical Object Challenge: Observe & Compare Objects Basis Change in Appearance 22	Introduction to Numbers: Match & Count	Identify Tools & Understand Uses	Identical Object Challenge: Observe & Compare Objects Basis Change in Appearance	Weekly Worksheet: • 3-4: Thumb printing (Pg. 24) • 4-5: Count &Trace
LEARNING AND PLAY	Let's hear and talk!	instructions: Body movements	common alphabets of	Finding Rhyming Words: Recognise, Identify, Create Strings	Recall Objects,	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	(Pg. 33) • 5–6: Count & Match (Pg. 21)
	Let's create! 25 mins	Free Painting & Drawing	Fun with Lines: Identify & Create- Curved, Zig-zag, Straight Lines	Artistic Adventure: Free Tearing & Pasting	Lets Dance!: Create body movement patterns & perform to fast/slow beats 77	Stamping & Painting: Things around me	Observation Based Reinforcement Activities Choice based free indoor/outdoor play
	Let's appreciate!	Dressing up: Understanding Need, Diversity & Practicing Autonomy	Nature Walk: Sort & classify different objects	Autonomy	Touch, Feel, Recognise: Understand & Compare Textures	What am I feeling?: Talk, Label, Understand Emotions	OR Community Visit Prepare for Following
			Lunch and R	Rest (30min)			
LECT	Let's get active!	rovide different outdoor ay materials for choice ased play					
REFLECT AND WRA	Let's reflect!	Free conversation	Recap 6	Favourite Activity	Clean Up	Share about next do	ıy Bye-bye

HOME LEARNING ACTIVITIES



Spend sometime everyday to talk with your children. Share about your daily experiences/feelings & ask about theirs. Simple questions: like 'Tell me about something you really enjoyed', 'What made you feel happy/sad/angry today?' etc. Divide dough into 2 equal parts, shape them into different figures. Prompt children to guess if one has more dough, encourage creativity & reasoning skills.

Provide ribbons, rope, chalk, crayons etc, to children & encourage them to draw, trace, or arrange these to create different types of lines—straight, zig-zag and curved.





- Develops awareness of safety- recognises safe adults/safe spaces & respect for diversity.
- Masters fine and gross motor skills, adeptly distinguishing and comparing objects, and demonstrates increased hygiene awareness through consistent use of a dustbin.
- Observes, describes, counts, and classifies objects, while also stacking them.

- Recognises patterns, shapes, spatial & positional concepts.
- Develops vocabulary & understanding on care for environment, seasons & clothing, enhanced awareness of letter-sound connections and recognises common letters & their sounds.
- Explores art, rhythm, sound; creates diverse body movement/object patterns.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
OME &	Let's get started!	Welcome y	Warm up	Hygiene check	Attendance	Weather Q	Free conversation		
WELCOME & FREE PLAY	Let's play!	ovide different play aterials for choice sed play		800					
			Snack (1	lOmins)					
	Let's weave wonders! 5	Story Telling: Safe Adults	Singing Rhymes: Numbers & Counting	Singing Rhymes: Spatial & Positional Concepts	Story Telling: Safe Adults	Let's Describe Pictures: Talk and discuss what one can see	Free Picture book/Story Book Reading Time		
ש ה	Let's explore!	Numbers: Match & Count	Find the Odd Picture/Object Out	Playing with shape tangrams & making different figures	Pattern Making: Recognise, Repeat, Extend & Create Patterns	Introduction to Numbers: Match & Count	 Weekly Worksheet: 3-4: Collage work (Pg. 30), Concept of Space (Pg. 31) 		
LEARNING AND PLAS	Let's hear and talk!	Who am I?: Guess, Identify & Describe Objects	Spatial Concepts: Understand in/out, over/under, top/ bottom, front/back etc. 20	Name, Discuss &	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound 51	Name &	 4-5: Pattern Completion (Pg. 36) 5-6: Number Concept (Pg. 31) 		
	Let's create! 25 mins	Music Patterns: Create, Compare- High/Low Pitch, Loud/Soft Sounds	Artistic Adventure: Tearing and Pasting	Identify, Draw & Share Feelings	Fun with Patterns: Create Art/ Craft/ Beading/Body- Movement Patterns	Wonders in our Bin: Reuse & Recycle Safe Waste Creatively	Observation Based Reinforcement Activities Choice based free		
	Let's appreciate!	Roll & Slide: Predict, Experiment, Find out	Disability & Inclusion: Recognise, Include, Understand & Respect	Dressing up: Understanding Need, Diversity & Practicing	Disability & Inclusion: Recognise, Include, Understand & Respect	Means of Transport: Identify, Describe & Compare	indoor/outdoor play OR Community Visit Prepare for Following Week 62		
	Lunch and Rest (30min)								
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REFLEC

Let's get active!



play materials for choice based play



















Let's reflect!



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Free conversation



Recap



Favourite Activity



Clean Up



Share about next day



Bye-bye

HOME LEARNING ACTIVITIES

Help your child learn the days of the week by talking about what activities they do each day while packing their bags or sending them to the AWC. Put a calendar on the wall and help children colour mark each day.

Ask your child, 'What feels nice and safe, like a hug from mom?' and then say, 'If something doesn't feel good, like a touch that makes you uncomfortable, what should you do?'

Reuse old magazines, newspapers by drawing lines on them. Have children cut along the lines and use the pieces to create something new like animal masks.







- Strengthens self-expression, engages in social interactions & shows affection to peers.
- Develops the ability to differentiate and compare objects based on sensory attributes. (hard/soft, hot/cold, and rough/smooth) & seriates them using appropriate vocabulary.

 • Listens attentively, initiates conversations & narrates experiences in simple sentences.

- Practices road safety while crossing & consumes a diverse range of foods.
- Understands & applies numerical concepts, counting up to ten & recognising quantities; handles small collections, counting objects in different contexts (money transactions).
- Begins to visually connect letters to corresponding sounds.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WELCOME & FREE PLAY	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance (Weather •	Free conversation
WELC	Let's play!	rovide different play aterials for choice ased play		800			
			Snack (1	IOmins)			
	Let's weave wonders! 20 mins	Singing Rhymes: Let's Eat Healthy!	Story Telling: Safe Adults	Singing Rhymes: Numbers & Counting	Storytelling: Road Safety	Singing Rhymes: Spatial & Positional Concepts	Free Picture book/Story Book Reading Time
ש	Let's explore! 30 mins	Money Matters: Understand & Transact	Introduction to Numbers: Match & Count	Identical Object Challenge: Observe & Compare Objects Basis Change in Appearance	Introduction to Numbers: Match & Count	Feel the difference: Experiment, Explore, Compare Temperature Differences	Weekly Worksheet: • 3-4: Colouring (Pg. 26) • 4-5: Count & Match
LEARNING AND PLAY	Let's hear and talk!	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound 51	My Colourful India: Explore, Understand & Appreciate Diversity 53	Name, Discuss &	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	Spatial Concepts: Understand in/out, over/under, top/ bottom, front/back etc.	
	Let's create! 25 mins	Fun with Shapes: Draw, Colour, Trace & Paint Shapes	Floor Art: Rangoli (Shapes, Pattern & more)	Role Play: Understanding family, relationships & professions	Origami Fun: Paper Folding	Fun with Lines: Identify & Create- Curved, Zig-zag, Straight Lines	Observation Based Reinforcement Activities Choice based free
	Let's appreciate! 20 mins	What am I feeling?: Talk, Label, Understand Emotions	Road Safety: Understand & Role Play Rules	Touch, Feel, Recognise: Understand &	Disability & Inclusion: Recognise, Include, Understand & Respect	Animals, insects & birds around me: Identify, Name &	indoor/outdoor play OR Community Visit Prepare for Following Week 62
			Lunch and P	Rest (30min)			
ECT VRAP	Let's get active!	ovide different outdoor ay materials for choice ased play					

REFLE AND W





Recap

Let's reflect!



Free conversation



Favourite Activity



Clean Up



Share about next day



Bye-bye

HOME LEARNING ACTIVITIES

Set up a market at home with household objects, assign a value to each item. Create play money and encourage children to buy and sell different things.

Share or show stories related to festivals from different parts of India. Ask questions like "What do you find interesting about this festival?"

Using newspaper & paper folding technique, create paper planes & other objects. Encourage children to colour/ design & talk about their creations.





- Recites numbers upto ten , uses number & shape names, creates tangram figures & extends
- Recognises high/low pitches, varying tempos & creates diverse sounds in peer collaboration.
- Recognises & connects commonly occurring letters to sounds, groups & sorts objects.
- Fosters spontaneous play & friendships, adept use of tools, & focused interaction with digital media.
- Seeks help, enjoys peer play, waits for turn, follows instructions, plays memory games, practices safety & inclusion & completes two-step tasks effectively.
- Expresses belonging in communities, communicates discomfort to trusted adults, and avoids gifts from strangers.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OME & PLAY	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance	Weather •	Free conversation
WELCOME & FREE PLAY	Let's play!	Provide different play naterials for choice play		<i>₹</i>			
			Snack (lOmins)			
	Let's weave wonders! 5	Story telling: Friendship	Singing Rhymes: Seasons	Story telling: Disability and Inclusion	Story Telling: Safe Adults	Singing Rhymes: Different Types of Transport and Sounds 2.7	Creating Picture/Word Wall
ש ה	Let's explore!	Explore Technology: Identify Tools & Understand Uses	Introduction to Numbers: Match & Count	Playing with shape tangrams & making different figures	Pattern Making: Recognise, Repeat, Extend & Create Patterns	Introduction to Numbers: Match & Count	Monthly ECCE Day Discuss with
LEARNING AND PLAY	Let's hear and talk!	Guess the sound: Create, recognise & Differentiate	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	Recall Objects, Words & Patterns	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	Explore Seasons: Name & Understand Characteristics 49	Caregivers- • Demonstrate how to conduct
	Let's create! 25 mins	Let's Create: Common spaces in neighbourhood	Artistic Adventure: Free Painting & Drawing	Cut/Tear Along the Outline	Make & Paste	Lets Dance!: Create body movement patterns & perform to fast/slow beats	language activities with children: Rhymes, Stories,
	Let's appreciate! 20 mins	Sorting Activity: Sort basis colour, shape, size & other criteria	Let's discuss: Safe & unsafe situations around us	Loud or Soft: Identify sounds, Distinguish & Create Different Pitch Sounds	Roll & Slide: Predict, Experiment, Find out	Nature Walk: Sort & classify different objects	Poems etc. • Talent Show
			Lunch and F	Rest (30min)			
		Provide different outdoo				A .	

AND WRAP Let's get active! REFLECT

Provide different outdoor play materials for choice min based play

















Let's reflect!



Free conversation



Recap



Favourite Activity



Clean Up



Share about next day



HOME LEARNING ACTIVITIES

Engage children in creating a visual aid with pictures or drawings of trusted adults (family, teachers) forming a "Safe Circle." Discuss the importance of Safe Circle.

Number Hunt- Hide number cards around the house. Ask children to find each number, name it, and place it in order of counting.

Seasons Art- Provide paper and crayons. Ask the child to draw things they wear or eat in different seasons. Example: ice-cream in summer or sweater in winter.





- Answers simple questions about events & phenomenon and makes causal connections.
 Recites numbers upto ten, follows instructions, uses number/shape names, differentiates between shapes, colours & their shades and identifies Indian currency coins. Practices inclusion & appreciates-respects diversity.
 Recognises and connect commonly occurring letters to sounds.

- Distinguishes between high & low pitches and compares two objects based on hard & soft, hot & cold, rough & smooth.
- Develops vocabulary for understanding concepts and using theme-specific terms in conversations and identifies rhyming words and alliterations.
 Follows instructions, wears clothes & footwear independently.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OME &	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance (Weather	Free conversation
WELCOME FREE PLAS	Let's play!	Provide different play materials for choice based play		800			
			Snack (10mins)			
	Let's weave wonders!	Story telling: Disability and Inclusion	Singing Rhymes: Colours	Singing Rhymes: Let's Eat Healthy	Singing Rhymes: Seasons	Story telling: Friendship	Free Picture book/Story Book Reading Time
ת ט	Let's explore!	Experiment with Water: See what sinks floats, dissolves, settles, changes colouretc.	Introduction to Numbers: Match &	Money Matters: Understand & Transact	Feel the difference: Experiment, Explore, Compare Temperature	Introduction to Numbers: Match &	Weekly Worksheet: • 3-4: Concept of Numbers (Pg. 47) • 4-5: Problem Solving
LEARNING AND PLAY	Let's hear and talk!	Finding Rhyming Words: Recognise, Identify, Create Strings	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound 51	Guess the sound: Create, recognise & Differentiate	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound 51	Feel & Guess	Pg. 42) 5-6: Picture letter matching (Pg. 35), Number concept (Pg. 34)
	Let's create! 25 mins	Thank You Card: Gratitude to Our Helpers	Fun with Lines: Identify & Create- Curved, Zig-zag, Straight Lines	Fun with Patterns: Create Art/ Craft/ Beading/Body- Movement Patterns	Fun with Shapes: Draw, Colour, Trace & Paint Shapes	Create with Clay: Make Different Tools, Discuss & Use for Role-play	Observation Based Reinforcement Activities Choice based free indoor/outdoor play
	Let's appreciate!	Loud or Soft: Identify sounds, Distinguish & Create Different Pitch Sounds	& Respect	Experiment with Air: Observe what blows in wind and what does not	Dressing up: Understanding Need, Diversity & Practicing Autonomy 112	Touch, Feel, Recognise: Understand & Compare Textures	OR Community Visit Prepare for Following Week 62
			Lunch and F	Rest (30min)			
LECT	Let's get active!	Provide different outdoo play materials for choice based play					
REFLECT AND WRAI	Let's reflect!	Free conversation	Recap	Favourite Activity	Clean Up	Share about next do	ay Bye-bye



Counting with Everyday Objects- Use everyday items like toys, fruits, clothes or blocks and encourage children to count a specific number of items loudly.

Number Hunt- Hide number cards around the house. Ask the child to find each number, name it, and place it in order of counting.

patterns like clap-hop-bend-clap-hop-bend etc. & encourage children to repeat & extend the pattern.

HOME LEARNING ACTIVITIES

Engage children in creating simple body movement



- Recites numbers upto ten, follows instructions, uses number/shape names, differentiates between shapes, colours & their shades and identifies Indian currency coins. Practices inclusion & appreciates-respects diversity.
- Identifies & follows norms for common places, Understands & practices safety.

- Shows affection, expresses preferences and curiosity, & demonstrates wonder in the natural
- Listens to and comprehends instructions, develops vocabulary & scientific temperament.
- Identifies common logos & signs. Identifies & communicates feelings.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WELCOME & FREE PLAY	Let's get started!	Welcome U	Warm up	Hygiene check	Attendance (Weather •	Free conversation
WELC	Let's play!	Provide different play naterials for choice a pased play		800			
			Snack (1	Omins)			
	Let's weave wonders! 20 mins	Story Telling: Safe/Unsafe Touch and Body Safety	Storytelling: Conflict Resolution	Singing Rhymes: Colours		Story telling: Disability and Inclusion	Free Picture book/Story Book Reading Time
ַ בי	Let's explore!	Number Vocabulary: Understanding & Counting in Correct Sequence	Playing with shape tangrams & making different figures	Understanding &	Experiment with Water See what sinks, floats, dissolves, settles, changes colour etc.	Challenge: Observe & Compare Objects Basis Change in Appearance	Weekly Worksheet: • 3-4: Similar colour matching (Pg. 46)
LEARNING AND PLAY	Let's hear and talk!	Recognise Alphabets: Associate common alphabets of L1 with sound & Identify 51	Weeks & Months: Name, Discuss & Associate Events	My Colourful India: Explore, Understand & Appreciate Diversity 53	Recognise Alphabets: Associate common alphabets of L1 with sound & Identify 51	Explore Seasons: Name & Understand Characteristics	4-5: Pattern Completion (Pg. 44) 5-6: Draw the image (Pg. 27) 123
	Let's create! 25 mins	Music Patterns: Create, Compare- High/Low Pitch, Loud/Soft Sounds	Wonders in our Bin: Reuse & Recycle Safe Waste Creatively	Origami Fun: Paper Folding	Role Play: Understanding family, relationships & professions	Shelter: Talk About Need & Create Using Different Materials	Observation Based Reinforcement Activities Choice based free indoor/outdoor play
	Let's appreciate!	Sorting Activity: Sort basis colour, shape, size & other criteria	Identify Common Symbols/Logos: Road Safety, Washroom, Food, Danger etc.	Let's discuss: Safe & unsafe situations around us	Identify, Draw & Share Feelings	Means of Transport: Identify, Describe & Compare	OR Community Visit Prepare for Following Week 62
			Lunch and R	Rest (30min)			

AND WRAP REFLECT

Let's get active!



Provide different outdoor play materials for choice based play



















Let's reflect!



Free conversation



Recap



Favourite Activity



Clean Up



Share about next day





Discuss the importance of shelter with your children & use household materials like straws, twigs, spoons, bowls, plates to create small structures together for living, sparking imaginative play.



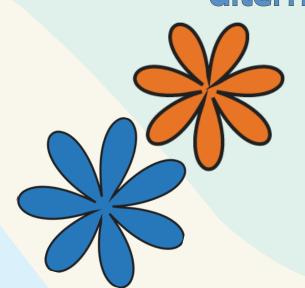
Engage children in simple non-fire cooking activities for the family. Encourage them to identify & mix ingredients in different quantities, taste & make variations as needed.

Explore music patterns with your children, creating and comparing high/low pitch and loud/soft sounds using everyday household objects.



Recap & Reinforcement Plan

This 4 week plan can be used to recap and reinforce the learnings of the previous weeks and strengthen learning. During these weeks, basis ongoing observation, the Anganwadi Worker can curate specific activities for children to focus on skills that need further strengthening. These plans can be used during specific events like the Poshan Maah/Poshan Pakwadha etc. to reduce duration of learning activities at centre and engage in alternate activities and celebrations.





WHAT CHILDREN WOULD STRENGTHEN:

- Understanding about their own body and self.
- Recognizing, naming and using senses to learn/gain information about surroundings.
- Appreciating and recognizing familial relationships.

- Understanding how to take care of oneself in various situations & with different people.
- Feeling comfortable and confident of being at the centre in presence of AWW & other children.

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY LEARNING TIME Warm Hygiene check Let's get started! Welcome Weather Attendance Free conversation mins up Provide different play Let's play! materials for choice based play

Snack (10mins)













MY SAFETY

Story Telling:

Safe/unsafe

Story Telling: Safe



Let's have fun!

Take up different themes everyday and engage children in multiple, varied, fun, play based activities

LEARNING AND PLAY

FREE PLAY

WELCOME









MYSELF & MY BODY

- Singing Rhymes: **Body Parts**
- **Dressing Up: Understanding** Need, Diversity & **Practicing** Autonomy
- Understanding Myself: My Choices/ Preferences /Likes/ Dislikes etc.

2.2, 57, 112





MY SENSES

- Feel the Difference: | Experiment. Explore. Compare Temperature
- **Identical Object** Challenge: Observe & Compare Basis Change in Appearance
- Guess the sound: Create, Recognise & Differentiate 21, 22, 36



MY FAMILY

- Story Telling: **Gratitude Towards** Family & Friends My family & Me: Introduce, Talk
- About Self & Familuk Family: Talk about relationships, draw family tree, role play etc.

1.1, 35, 43

Story Telling: Friendship &

Cooperation **Exploring My** Anganwadi Centre **Making Classroom** Rules Poster/Wall

Touch & Body Safetu Let's Discuss Safe & Unsafe

Adults

Situations Around

1.12, 1.13, 114



Revisit & Strengthen

- Worksheets
- Key Activities

Provide Support

- One-on-One
- Small, rotating aroup activities
- Peer Pairing

Observe & Record Individual **Achievements**





Use this slot to prepare for and conduct different activities during the Poshan Maah and/or Poshan Pakwadha and/or other festivals and celebrations

Lunch and Rest (30min)

WRAP REFLECT AND

Let's get active!



Provide different outdoor play materials for choice based plau













1.3, 9, 89









Let's reflect!



Free conversation



Recap



Favourite Activity



Clean Up



Share about next day



Bye-bye



Engage children in creating a visual aid with pictures or drawings of trusted adults (family, teachers) forming a "Safe Circle." Discuss the importance of Safe Circle.

HOME LEARNING ACTIVITIES

Look at old family pictures or talk about family members- name, relationship with child, favourite memory with them. Look at pictures in magazines, newspapers & talk about different types of families.

Blindfold the child and encourage them to taste & smell different things. Help them identify the source of smell and categorise as pleasant/unpleasant, good/bad, dangerous smells etc.

WHAT CHILDREN WOULD STRENGTHEN:

- Understanding of the community, different spaces, their need/use and mapping.
- Appreciate and understand different professions, their role in supporting others & expressing gratitude towards others.
- Understanding, labelling, sharing and managing one's own feelings. Recognising different people can feel different in similar situations.
- Practicing habits that promote health, hygiene and nutrition.

SATURDAY LEARNING TIME MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Warm Hygiene check Let's get started! Welcome Weather Attendance Free conversation mins up Provide different play Let's play! materials for choice based play

Snack (10mins)

Let's have fun!



Take up different themes everyday and engage children in multiple, varied, fun, play based activities



FREE PLAY

WELCOME

LEARNING







MY COMMUNITY

- Story Telling: Rules in the classroom/ house/road/park
- Models & Maps: Create, Read, **Understand**
- Let's Construct: Houses, Bridges, Roadways & More



MY FEELINGS

- Identify, Draw & Share Feelings
- What am I feeling?: Talk, Lable, Understand **Emotions**
- **Bia Feelinas:** Express. Release & Manage



PEOPLE WHO **HELP US**

- Story Telling: Community Helpers
- **Our Community** Helpers: Name & Identifu the Role. Tools Used
- Thank You Card: **Express Gratitude** to All Helpers



FOOD & NUTRITION

Singing Rhymes: Let's Eat Healthu Food Chart: Name. Identify, Taste, Distinguish as Healthy/Unhealthy **Exploring Food:** Types, tastes, Preferences. Nutrition



SANITATION & **HYGIENE**

- **Singing Rhymes:** Handwashing & Personal Hygiene Health & Hygiene: Discussion on Routines, Body Parts & Tools to Clean
- Clean. Clean. Clean: Learn Why, When & How of Washina Hands 2.3, 40, 99

 Worksheets Key Activities

- Provide Support • One-on-One • Small, rotating group activities Peer Pairing
 - Observe & Record Individual **Achievements**

Revisit & Strengthen





2.12, 30, 31

80, 109, 116

1.4, 41, 70

2.6, 42, 61

Use this slot to prepare for and conduct different activities during the Poshan Maah and/or Poshan

Lunch and Rest (30min)

WRAP REFLECT AND

Let's get active!



Provide different outdoor play materials for choice based plau



















Let's reflect!



Free conversation



Recap



Favourite Activity



Pakwadha and/or other festivals and celebrations

Clean Up



Share about next day



Bye-bye



Take child around neighbourhood and encourage conversation with different community helpers. Help in understanding their profession, tools they use, how they help others and express gratitude.

HOME LEARNING ACTIVITIES

Encourage children to practice feeling management strategies like counting till 5, hugging oneself, taking deep breaths etc. whenever they experience different feelings. Make a pictorial reminder poster with them.

Engage children in simple non-fire cooking activities for the family. Encourage them to identify & mix ingredients in different quantities, taste & make variations as needed.

WHAT CHILDREN WOULD STRENGTHEN:

- Recognizing different animals, birds, insects and their characteristics- sound, movement, habitat, food etc.
- Recognizing & identifying parts of plants, trees, life-cycle & appreciating biodiversity.

- Exploring & appreciating nature, identifying different things, classifying & categorizing them.
- Understanding concept of air, water & exploring them.
- Identifying different fruits & vegetables- taste, nutritive value, colour, look etc.

LEARNING TIME MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY FREE PLAY Warm WELCOME Hygiene check Let's get started! Welcome Weather Attendance Free conversation mins up Provide different play Let's play! materials for choice based play

Snack (10mins)

Let's have fun!



Take up different themes everyday and engage children in multiple, varied, fun, play based activities









ANIMALS & BIRDS

- Story Telling: Animals-Domestic & Wild
- **Animals Around Us:** Identify, Describe **Common Animals**
- Animals, Insects, **Birds Around Me:** Identify, Name & Describe



TREES & PLANTS

- Grow A Plant: Nurture. **Understand Parts** & Functions
- Lifecycle: Discuss & Understand Different Life Forms
- Stamping & Printing: Things Around Me



ENVIRONMENT

- Story Telling: Environment Nature
- **Exploration:** Categorise Pictures/Objects in Groups
- Nature Walk: Sort & Classify Different Objects



AIR & WATER

- Experiment with Air: Observe what blows in wind & what does not
- **Experiment** with Water: See what sinks, floats. dissolves, settles



FRUITS & **VEGETABLES**

- **Singing Rhymes:** Fruits
- Singing Rhymes: Vegetables
- Stamp & Print: Fruits & Vegetables, **Create & Guess Impressions**



Worksheets

- Key Activities

Provide Support

- One-on-One
- Small, rotating aroup activities
- Peer Pairing

Observe & Record Individual **Achievements**





1.8, 6, 107

96. 118. 79

1.2, 100, 106

102.13

2.4, 2.1, 63



Lunch and Rest (30min)

WRAP REFLECT AND

LEARNING AND PLAY

Let's get active!



Provide different outdoor play materials for choice based plau



















Let's reflect!



Free conversation



Recap



Favourite Activity



Clean Up



Share about next day



Bye-bye



Take child around neighborhood, help identify animals & talk about them-colour, what they eat, where they stay, sound they produce etc.

HOME LEARNING ACTIVITIES

Under adult supervision, sit with child in kitchen or walk to a vegetable vendor and identify different fruits and vegetables-talk about their colour, taste etc.

Take the children on a nature walk to collect leaves, flowers,or interesting textures. Roll out a piece of clay & ask them to press the collected items onto the clay to create imprints.

WHAT CHILDREN WOULD STRENGTHEN:

- Exploring and understanding the use of various types of digital/non-digital tools.
- Understanding, practicing ideas on waste reduction, conservation & reuse.
- Recognizing different modes of transport & associated characteristics.

- Understanding about seasons & associated characteristics- temperature, weather, time of the year, associated food & clothing etc.
- Understanding on sequencing of events and concept of a day, a week, months, year.

LEARNING TIME MONDAY **TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY FREE PLAY** Warm WELCOME Hygiene check Let's get started! Welcome Weather Attendance Free conversation mins au Provide different play Let's play! materials for choice based plau Snack (10mins) Let's have fun!

Take up different themes everyday and engage children in multiple, varied, fun, play based activities











TECHNOLOGY & TOOLS

- Explore Technology: Identify Tools & **Understand Uses**
- Create with clay: Make Different Tools. Discuss & Use for Role Play

15.76

RECYCLE & REUSE

- Singing Rhymes: Resources
- - Origami Fun: Paper **Foldina**

- Using & Conserving
- Wonders in Our Bin Reuse& Recycle Safe Waste Creativelu

2.15, 81, 68

SEASONS

- Singing Rhymes: Seasons
- **Explore Seasons:** Name & **Understand** Characteristics

DAYS. WEEKS & **MONTHS**

- First. Then & After: Sequencing Events
- Clock Quest: **Understand & Explore Concept of** Time. Tues of Clock/ Watch
- Weeks & Months: Name. Discuss & **Associate Events**

29, 33, 55

TRANSPORT

- **Singing Rhymes:** Different Tupes of Transport & Sounds Provide Support
- Means of Transport: Identify Describe & Compare Road Safetu:
- Understand & Role Plau Rules

2.7, 104, 45



Revisit & Strengthen

- Worksheets
- Key Activities

- One-on-One
- Small. rotating aroup activities
- Peer Pairing

Observe & Record Individual **Achievements**





Use this slot to prepare for and conduct different activities during the Poshan Maah and/or Poshan Pakwadha and/or other festivals and celebrations

Lunch and Rest (30min)

WRAP REFLECT AND

Let's get active!



Provide different outdoor play materials for choice based plau









2.10, 49













Let's reflect!



Free conversation



Recap



Favourite Activity



Clean Up



Share about next day



Bye-bye



Play a guessing game on tools/objects with children- give cues on use, look, characteristicsinclude objects like remote, phone, stethoscope, computer, hammer, weighing scale, helmet etc.

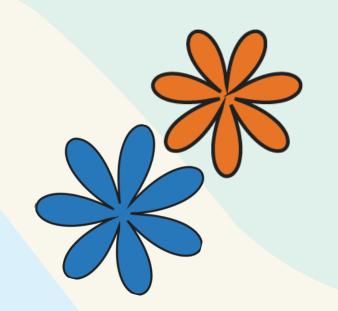
HOME LEARNING ACTIVITIES

Provide old magazines or newspapers and encourage the children to cut or tear different modes of transport they spot and create a collagetalk about each & compare/contrast with others.

Under careful supervision, take children to a red light crossing and guide to observe traffic movement, safety rules being followed, safe use of helmet/seat belt/footpath/zebra-crossing etc.

Active Play Based Learning Plan

The following 18 week plan is a core part of the learning cycle of the children in the Anganwadi Centre. Take up all the activities mentioned for each day to ensure children achieve all the learning outcomes and get sufficient opportunity to reinforce their previous learnings as well.







WHAT CHILDREN WOULD LEARN:

- Recites numbers upto ten, follows instructions, uses number/shape names, differentiates between shapes, colours & their shades and identifies Indian currency coins. Practices inclusion & appreciates-respects diversity.
- Identifies & follows norms for common places, Understands & practices safety.
- Understands concept of measurement and uses different non-standard measurement techniques.
- ullet Describes common objects, people, pictures, animals, birds, ullet events on their own.
- Builds vocabulary and engages in fun language games of breaking/replacing syllables etc.
- Explores a variety of grasps and grips while using art materials, tools, and instruments.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WELCOME & FREE PLAY	Let's get started!		Warm up	Hygiene check	Attendance (Weather P	Free conversation
WELC	Let's play!	Provide different play naterials for choice pased play		₹ \$ 8 •			
			Snack (1	Omins)			
	Let's weave wonders! 20 mins	Singing Rhymes: Rules in the Classroom/ House/ Road/ Park	Story Telling: Safe/Unsafe Touch and Body Safety	Storytelling: Conflict Resolution	Singing Rhymes: Colours	Singing Rhymes: Seasons	Free Picture book/Story Book Reading Time
ַ פּע	Let's explore!	Water: See what sinks, floats, dissolves,	Number Vocabulary: Understanding & Counting in Correct Sequence	Money Matters: Understand & Transact	Compare: Length, Weight and Height	Number Vocabulary: Understanding & Counting in Correct Sequence	Weekly Worksheet: • 3-4: Complete the picture (Pg. 40)
LEARNING AND PLAY	Let's hear and talk!	Game of Sounds: Break, Join & Replace Syllables	Recognise Alphabets: Associate common alphabets of L1 with sound & Identify 51	Game of Sounds: Break, Join & Replace Syllables	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	Memory Magic: Recall Objects, Words & Patterns	 4-5: Count & write (Pg. 50) 5-6: Count & Match (Pg. 24)
	Let's create! 25 mins	Festivals: Celebrate & Learn/ Appreciate Diversity	Stamping & Painting: Things Around Me	Floor Art: Rangoli (Shapes, Pattern & more)	Lets Dance!: Create body movement patterns & perform to fast/slow beats	Fun with Lines: Identify & Create- Curved, Zig-zag, Straight Lines	Observation Based Reinforcement Activities Choice based free
	Let's appreciate! 20 mins	Follow the instructions: Body Movements	Explore Technology: Identify Tools & Understand Uses	Experiment with Air: Observe what blows in wind and what does not	Lets Discuss: Safe & Unsafe Situations Around Us	Recognise, Include, Understand & Respec	indoor/outdoor play OR Community Visit Prepare for Following Week 62
			Lunch and R	lest (30min)			
		Provide different eutdes					

REFLECT AND WRAP

Let's get active!



Provide different outdoor play materials for choice based play





















Let's reflect!



9)

Free conversation



Recap



Favourite Activity



Clean Up



Share about next day



Bue-bue



Engage children in real world monetary transactions.
Take them out to market with you to purchase different
things and let them use money to pay under your
quidance.

HOME LEARNING ACTIVITIES

Encourage children to match and count everyday household items like utensils or toys with numbers from 1 to 9.

Engage children in fun measurement activities. Guide them to use hand-span, foot-step length, stick/ bottle length, paper length/width etc. to measure different objects and structures in the house & outside.

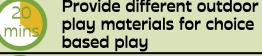


- Recites numbers upto ten, follows instructions, uses number/shape names, differentiates between shapes, colours & their shades and identifies Indian currency coins. Practices inclusion & appreciates-respects diversity.
- Identifies & follows norms for common places, Understands & practices safety.

- Creates three-dimensional forms by rolling and patting materials like clay or dough.
- Identifies and describes common objects, people, pictures, animals, birds, and events independently.
- Explores different tastes, smells & textures. Enjoys cold cooking.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
WELCOME & FREE PLAY		Welcome y	Warm up	Hygiene check	Attendance (Weather	Free conversation			
WELCO	Let's play!	rovide different play naterials for choice a ased play		₹ & & & & & & & & & &						
			Snack (1	lOmins)						
	Let's weave wonders!	Singing Rhymes: Rules in the Classroom/ House/ Road/ Park 2.12	Story Telling: Our Universe (Sun, stars, moon, planets etc.) 1.9	Story Telling: Safe/Unsafe Touch and Body Safety 1.13	Singing Rhymes: Spatial & Positional Concepts	Let's Describe Pictures: Talk and discuss what one can see	Creating Picture/Word Wall			
ת ט	Let's explore!	Money Matters: Understand & Transact	Understanding & Counting in Correct	Feel the difference: Experiment, Explore, Compare Temperature Differences	Number Vocabulary: Understanding & Counting in Correct Sequence	Experiment with Water: See what sinks, floats, dissolves, settles, changes colour etc.	Monthly ECCE Day			
LEARNING AND PLAS	Let's hear and talk!	Name, Discuss & Associate Events	Associate common	Game of Sounds: Break, Join & Replace Syllables	Who am I?: Touch, Feel & Guess	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	Discuss with Caregivers- • Major domains			
	Let's create!	Fun with Patterns: Create Art/Craft/ Beading/Body- Movement Patterns	Making Classroom Rules Poster/Wall	Food Magic: Recognise Smell, Taste, Texture & Cook	Let's Create: Common spaces in neighbourhood	Identify, Draw & Share Feelings	& stimulating activities for age groups- 0- 6, 6-12, 12-18,			
	Let's appreciate!	All We Use: Match Objects with their Uses	_	Touch, Feel, Recognise Understand & Compare Textures	Roll & Slide: Predict, Experiment, Find out	Animals, insects & birds around me: Identify, Name & Describe	18-24, 24-36 months			
	Lunch and Rest (30min)									

AND WRAP Let's get active!



















Let's reflect!



Free conversation



Recap



Favourite Activity



Clean Up



Share about next day





REFLECT

Increase understanding of time and routine by discussing, identifying, and relating daily routines to specific times of the day. You can also make a routine chart at home with your children.

HOME LEARNING ACTIVITIES

Play with children to build their understanding of positions & spaces by asking them to keep different objects in different places – using words like in/out, over/under, top/bottom, front/back etc.

Explore common spaces in your neighborhood with children, discussing & identifying places such as park, market, school, places of worship etc. to foster a sense of community and familiarity.



- Progresses on numeracy skills in counting, classifying, and exploring length and weight, while enhancing language through creative expression.
- Demonstrates independence, adept social skills, initiates group play, & responsibly follows instructions and school rules, fostering positive relationships.
- Excels sorting skills, & advanced pattern recognition & creation

- Engages outdoors with curiosity, expressing joy through drawing, painting, singing & dancing.
- Expresses through rhymes & explores books actively, showcasing early literacy skills with independent recognition of signs, logos, and letters.
- Achieves mastery in self-care tasks and road safety, identifying common signs and logos while communicating discomfort to trusted adults.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
COME &	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance	Weather •	Free conversation
WELC	Let's play!	Provide different play materials for choice based play		₹ \$ 8 • • • • • • • • • •			
			Snack (1	Omins)			
	Let's weave wonders! 20 mins	Story Telling: Gender Inclusion	Singing Rhymes: Rules in the Classroom/ House/ Road/ Park		Story telling: Friendship	Story Telling: Safe/Unsafe Touch and Body Safety	Free Picture book/Story Book Reading Time
	Let's explore!	Pattern Making – Recognise, repeat, extend patterns	Measure & Compare: Length, Weight and Height	Number Vocabulary: Understanding & Counting in Correct Sequence	Measure & Compare: Length, Weight and Height	Number Vocabulary: Understanding & Counting in Correct Sequence	Weekly Worksheet: • 3-4: Spatial Concepts (Pg. 41) • 4-5: Concept of
LEARNING AND PLAY	Let's hear and talk!	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	Spatial Concepts: Understand in/out, over / under, top/ bottom, front/back etc. 20	My Colourful India: Explore, Understand & Appreciate Diversity 53	Identify, Create	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound 51	Weight (Pg. 9) • 5-6: Collage Work
	Let's create! 25 mins	Fun with Pictures: Cut/Tear Along the Outline	Festivals: Celebrate & Learn/ Appreciate Diversity	Wonders in our Bin: Reuse & Recycle Safe Waste Creatively	Making Classroom Rules Poster/Wall	Artistic Adventure: Tearing and Pasting	Observation Based Reinforcement Activities Choice based free
	Let's appreciate! 20 mins	What am I feeling?: Talk, Label, Understand Emotions	Identifying Common Symbols Around Us (Road Safety, Washroom, Food, Danger etc.)	Road Safety: Understand & Role Play Rules	Dressing up: Understanding Need, Diversity & Practicing Autonomy 112	Nature Walk: Sort & classify different objects	indoor/outdoor play OR Community Visit Prepare for Following Week 62
		109	Lunch and R		112	100	02
LECT	Let's get active!	Provide different outdoo play materials for choice pased play					
REFLECT AND WRA	Let's reflect!	Free conversation	Recap 6	Favourite Activity	Clean Up	Share about next do	y Sye-bye



Explore the neighbourhood with your children and point out familiar logos or signs, like those from the grocery store or stop signs. You can also help in drawing these.







HOME LEARNING ACTIVITIES

Share stories or videos featuring boys and girls in diverse activities to highlight equality. Discuss how boys & girls are equal- can play, do, become anything they want.

Play dress-up games with different types of clothes & footwear available in the house. Encourage children to try wearing these and fastening them independently.



WEDNESDAY

FRIDAY

WHAT CHILDREN WOULD LEARN:

TUESDAY

- Follows short to complex instructions, mimics and reproduces syllabic sounds, identifies syllables in words & combines them to form simple & familiar words.
- Understands that words are made of letters, visually recognises commonly occurring letters of home language & identifies words beginning with them. .

MONDAY

• Advances in maths skills through counting, comparing & ordering and improves spatial skills.

LEARNING TIME

- Advances in fine motor skills, eye-hand coordination & muscle strength, transitioning from simple activities to more precise tasks with some assistance.
- Promotes safety awareness by recognizing personal roles within family, neighbourhood & school & seeks help for injuries and identifies emergency helpers.
- Manages feelings through guided talks, role-play and coping strategies.

THURSDAY

	LEARINING HIVE	INICINDAS	IUESDAS	WEDINESDAS	INURSDAS	FRIDAS	SATURDAS
WELCOME & FREE PLAY	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance	Weather •	Free conversation
WELCO	Let's play!	Provide different play materials for choice based play		₹ 8 0			
			Snack (1	10mins)			
	Let's weave wonders! 5	Story telling: Gratitude Towards Family & Friends	Singing Rhymes: Spatial & Positional Concepts	Story Telling: Gender Inclusion	Story Telling: Friendship & Cooperation	Singing Rhymes: Rules in the Classroom/ House/ Road/ Park 2.12	Free Picture book/Story Book Reading Time
ת ט.	Let's explore!	Measure & Compare: Length, Weight and Height	Number Vocabulary: Understanding & Counting in Correct Sequence	Playing with shape tangrams & making different figures	Number Vocabulary: Understanding & Counting in Correct Sequence	Identical Object Challenge: Observe & Compare Objects Basis Change in Appearance	Weekly Worksheet: • 3-4: Shapes Matching (Pg. 45) • 4-5: Letter Box Colouring (Pg. 15) &
LEARNING AND PLAY	Let's hear and talk!	Game of Sounds: Break, Join & Replace Syllables	Identify & Describe objects	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	Health & Hygiene: Discussion on Routine, Body Parts, Tools to Clean 40	Game of Sounds: Break, Join & Replace Syllables	Missing Objects (Pg. 53) • 5-6: Problem-Solving Maze (Pg. 19) & Colour and Trace (Pg. 3)
	Let's create! 25 mins	Sandy Discoveries: Free Sand Play	Wrap It Up: Shapes, Boxes, and Decorations	Festivals: Celebrate & Learn/ Appreciate Diversity	Fun with Lines: Identify & Create- Curved, Zig-zag, Straight Lines	Wrap It Up: Shapes, Boxes, and Decorations	Observation Based Reinforcement Activities Choice based free
	Let's appreciate! 20 mins	Grow a Plant: Nurture, Understand Parts & Function	Big Feelings: Express, Release & Manage	Follow the instructions: Body movements	Lets discuss: Safe & unsafe situations around us	All We Use: Match Objects with their Uses	indoor/outdoor play OR Community Visit Prepare for Following Week 62
			Lunch and F				
		Provide different outdoo		_		A	

AND WRAP REFLECT

Let's get active!



Provide different outdoor play materials for choice based play



















SATURDAY

Let's reflect!



Free conversation



Recap



Favourite Activity



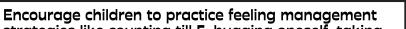
Clean Up



Share about next day



Bye-bye



Encourage children to practice feeling management strategies like counting till 5, hugging oneself, taking deep breaths etc. whenever they experience different feelings. Make a pictorial reminder poster with them.



Take a nature walk with children to explore plants. Discuss different parts of plants, like leaves, flowers, and stems. Encourage gratitude by asking, "What do you appreciate about each plant part?"

Use old newspapers or magazines to cut out various pieces/ shapes. Let children arrange them into unique collages. Discuss different types of lines and patterns formed.





- Explores taste & texture variations, & differentiates tactile qualities in objects through comparisons & seriation.
- Shows curiosity in observing nature & avoiding unnecessary harm to plants, animals.
- Shows technological aptitude by choosing & interacting with appropriate tools with assistance.
- Actively practices inclusion- gender and disability.

- Blends syllabic sounds, forming familiar words with improved phonetic accuracy.
- Develops collaborative skills by producing a variety of sounds δ visual artworks in groups, attempting coordination of speech, movement & sound.
- Explores multi-sensory activities, creating forms, shapes & experimenting with rhythmic expressions.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OME &	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance	Weather •	Free conversation
WELCOME FREE PLAY	Let's play!	Provide different play materials for choice based play		<i>₹ € 8 ∞</i>			
			Snack ('	10mins)			
	Let's weave wonders! 20 mins	Singing Rhymes: Handwashing & Personal Hygiene	Story Telling: Gender Inclusion	Story Telling: Friendship & Cooperation	Story Telling: Disability & Inclusion	Story telling: Environment	Free Picture book/Story Book Reading Time
ַ ת ט	Let's explore!	Measure & Compare: Length, Weight and Height	Explore Technology: Identify Tools & Understand Uses	Number Vocabulary: Understanding & Counting in Correct Sequence	Money Matters: Understand & Transact	Feel the difference: Experiment, Explore, Compare Temperature Differences	Weekly Worksheet: • 3-4: Sense of Taste (Pg. 15) • 4-5: Concept of Weight (Pg. 27) &
LEARNING AND PLAY	Let's hear and talk!	Who am I?: Guess, Identify & Describe objects	Game of Sounds: Break, Join & Replace Syllables	Who am I?: Touch, Feel & Guess		Recognise Alphabets: Identify & Associate common alphabets of L1 with sound 51	Picture-Sound Matching - म (Pg. 52) • 5-6: Picture-Sound Matching (Pg. 41)
	Let's create! 25 mins	Lets Dance!: Create body movement patterns & perform to fast/slow beats	Food Magic: Recognise Smell, Taste, Texture & Cook	Shelter: Talk About Need & Create Using Different Materials	Music Patterns: Create, Compare- High/Low Pitch, Loud/Soft Sounds	Stamping & Painting: Things around me	Observation Based Reinforcement Activities Choice based free indoor/outdoor play
	Let's appreciate!	Disability & Inclusion: Recognise, Include, Understand & Respect	Understand & Role	Experiment with Water See what sinks, floats, dissolves, settles, changes colour etc.	Express, Release &	Grow a Plant: Nurture, Understand Parts & Function	OR Community Visit Prepare for Following Week
			Lunch and F				
_ 0	Latin set setivel	Provide different outdoo	or 🖎 🧷		35 ? 1	-	

REFLECT **AND WRA**

Let's get active!



play materials for choice based play

















Let's reflect!



Free conversation



Recap





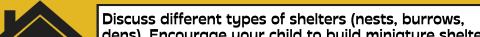
Clean Up



Share about next day



Bye-bye



Discuss different types of shelters (nests, burrows, dens). Encourage your child to build miniature shelters using paper, twigs, or small boxes. Ask questions like, "What kind of home do birds live in?"

HOME LEARNING ACTIVITIES

Plan language games with children, Pick a sound and take turns to share as many names of different objects starting from that sound as you can.

Plant gram seeds in a small pot, water them & watch as tiny sprouts emerge. Discuss the different parts of plants and their growth. Engage in a daily sprout check to witness the journey.





WHAT CHILDREN WOULD LEARN:

- Imagines & narrates personalized endings of the story.
- Explores a variety of grasps and grips while using art materials, tools, and instruments.
- Applies known information in a new context & makes choices and expresses preferences.
- Blends syllabic sounds, forming familiar words with improved phonetic accuracy.

- Understands the concept of shadow creation and plays making & guessing shadows.
- Identifies missing parts of a picture, rhyming words and alliterations.
- Actively practices safety and inclusion. recognises safe & unsafe situations.
- Enjoys everyday activities & follows short simple instructions.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WELCOME & FREE PLAY	Let's get started!	Welcome U	Warm up	Hygiene check	Attendance	Weather •	Free conversation
WELCO	Let's play!	Provide different play materials for choice society society		₹ & & & & & & & & & &			
			Snack (1	IOmins)			
	Let's weave	Story Telling: Gender Inclusion	Singing Rhymes: Let's Eat Healthy	Singing Rhymes: Seasons	Story Telling: Safe Adults	Story Telling: Conflict Resolution	Creating Picture/Word Wall
	y wonders!	1.14	2.6	2.10	1.12	1.5	115
ם ס	Let's explore!	Number Vocabulary: Understanding & Counting in Correct Sequence	Complete the Puzzle: Identify, Extend & Make	Measure & Compare: Length, Weight and Height	Understanding & Counting in Correct	Identical Object Challenge: Observe & Compare Objects Basis Change in Appearance	Monthly ECCE Day Discuss with
LEARNING AND PLAY	Let's hear and talk!	Smell & Tell: Identify, Distinguish as Pleasant/Unpleasant	My Colourful India: Explore, Understand & Appreciate Diversity 53	Game of Sounds: Break, Join & Replace Syllables	Finding Rhyming Words: Recognise, Identify, Create Strings	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound 51	Caregivers-
	Let's create! 25 mins	Make your own rhyme/song	Floor Art: Rangoli (Shapes, Pattern & more)	Artistic Adventure: Tearing and Pasting	Make your own rhyme/song	Create with Clay: Make Different Tools, Discuss & Use for Role-play	toys and learning materials using easily available
	Let's appreciate!	Shadow Game: Understand, Create & Guess	Nature Walk: Sort & classify different objects	Lets Discuss: Safe & Unsafe Situations Around Us	Roll & Slide: Predict, Experiment, Find out	Dressing up: Understanding Need, Diversity & Practicing Autonomy	low-cost/no- cost materials
			Lunch and F		100	TIL.	
	20	Provide different outdoo		L	30		

REFLECT AND WRAP

Let's reflect!

Let's get active!

elements.



min!

based play

Free conversation

play materials for choice



Recap



Favourite
Activity



Clean Up



Share about next day



Bue-bue



HOME LEARNING ACTIVITIES

Pick up pictures from old books & newspaper & tear them into 3-4 parts to make puzzles. Encourage children to place the pieces together and complete the image. You can also hide a piece & tell child to guess!

Fill small bottles or bowl with items like garlic, flower, etc. Have the child close their eyes, smell each, define the smell & guess the objects.





- Seeks help, enjoys peer play, waits for turns & uses different materials to make visual art.
- Listens to and comprehends simple instructions using number words and shape names & identifies the beginning & last syllables in words.
- Independently identifies & describes common objects.
- Understands ideas of reducing waste, reusing & recycling things.

- Associates emotions with words, facial expressions & learns to manage them.
- Makes small groups of objects, counts the total number of objects & combines two groups up to five objects. Identifies Indian currency and play with dummy money.
- Enjoys everyday activities & follows short simple instructions & exhibits motor control

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
OME &	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance (Weather •	Free conversation				
WELCOME FREE PLAY	Let's play!	Provide different play materials for choice based play		₹ 8 0							
	Snack (10mins)										
	Let's weave wonders! 20 mins	Singing Rhymes: Add & Reduce Objects	Singing Rhymes: Rules in the Classroom/ House/ Road/ Park 2.12	Story Telling: Our Universe (Sun, stars, moon, planets etc.)	Singing Rhymes: Colours	Story Telling: Disability and Inclusion	Free Picture book/Story Book Reading Time				
ט א	Let's explore!	Complete the Puzzle: Identify, Extend & Make	How Many Do I Have?: Give, Take, Divide & Count Objects	Measure & Compare: Length, Weight and Height	How Many Do I Have?: Give, Take, Divide & Count Objects	Money Matters: Understand & Transact					
LEARNING AND PLAY	Let's hear and talk!	Follow the instructions: Find objects as per instruction 58	Break, Join & Replace Sullables	.	Smell & Tell: Identify, Distinguish as Pleasant/Unpleasant 39	Memory Magic: Recall Objects, Words & Patterns	Collage Work (Pg. 26) 5-6: Number Comparison (Pg. 40) Picture–Word Matching (Pg. 51)				
	Let's create! 25 mins	Sandy Discoveries: Free Sand Play	Fun with Lines: Identify & Create- Curved, Zig-zag, Straight Lines	Food Magic: Smell, Taste & Guess the Ingredients	Wrap It Up: Shapes, Boxes, and Decorations	Wonders in our Bin: Reuse & Recycle Safe Waste Creatively	Observation Based Reinforcement Activities Choice based free indoor/outdoor play				
	Let's appreciate!	Big Feelings: Express, Release & Manage		Disability & Inclusion: Recognise, Include, Understand & Respect	Shadow Game: Understand, Create & Guess	Animals, insects & birds around me: Identify, Name & Describe	OR Community Visit Prepare for Following Week				
			Lunch and F								
LECT	Let's get active!	Provide different outdoo play materials for choic based play	or Or								
REFLECT AND WRAI	Let's reflect!	Free conversation	Recap 6	Favourite Activity	Clean Up	Share about next do	ay Sy e-bye				



Place coins under a sheet of paper and encourage children to use crayons to create shadings, revealing the impressions of the coins. Play simple monetary transaction games with children.

Activity







HOME LEARNING ACTIVITIES

Talk about rules and discipline for different spaces with children, like– home, road, class, religious place, park etc. Encourage them to understand, remember & practice these.

Create a puzzle with shapes cut from coloured paper or newspaper. Encourage child to identify/sort/count them & make different objects using them in combination.



WHAT CHILDREN WOULD LEARN:

- Makes small groups of objects, counts the total number of objects, groups & distributes objects equally.
- Enjoys everyday activities & follows short simple instructions, arranges objects in order up to three levels & identifies missing parts of a picture.
- Identifies the beginning & end syllables in words.

- Eats a variety of food from different food groups & identifies healthy and unhealthy food.
- Associates emotions with words/facial expressions/body reactions, recognises-practices strategies to manage feelings & follows classroom norms.
- Expresses views on needs of plants, birds & animals & displays affection towards others.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
WELCOME & FREE PLAY	Let's get started!	Welcome 1	Warm up	Hygiene check	Attendance	Weather	Free conversation				
WELC	Let's play!	Provide different play materials for choice based play		80							
	Snack (10mins)										
	Let's weave wonders! 20 mins	Story Telling: Gratitude Towards Family & Friends	Story Telling: Environment	Singing Rhymes: Add & Reduce Objects	Story Telling: Gender Inclusion	Let's Describe Pictures: Talk and discuss what one can see	Free Picture book/Story Book Reading Time				
ת ט.	Let's explore!	First, Then & After: Sequencing Events	How Many Do I Have?: Give, Take, Divide & Count Objects	Complete the Puzzle: Identify, Extend & Make	How Many Do I Have?: Give, Take, Divide & Count Objects	Measure & Compare: Length, Weight and Height	Weekly Worksheet: • 3-4: Problem Solving (Pg. 35) • 4-5: Sequence of				
LEARNING AND PLAY	Let's hear and talk!	Weeks & Months: Name, Discuss & Associate Events	Game of Sounds: Break, Join & Replace Syllables	Who am I?: Guess, Identify & Describe objects	Lets Discuss: Safe Adults Around Us	Food Chart: Name, Identify Taste, Distinguish as Healthy/Unhealthy ₄₂	Events (Pg. 22) & Trace and Colour (Pg. 24) • 5–6: Addition (Pg. 49)				
	Let's create! 25 mins	Make your own rhyme/song	Let's Cook: Make Fruit and Vegetable Chaat	Making Classroom Rules Poster/Wall	Let's Create: Common spaces in neighbourhood	Festivals: Celebrate & Learn/ Appreciate Diversity	Observation Based Reinforcement Activities				
_		91	71	89	87	88	Choice based free indoor/outdoor play				
	Let's	Grow a Plant: Nurture, Understand Parts & Function	Dressing up: Understanding Need, Diversity &	Big Feelings: Express, Release & Manage	Who am I?: Touch, Feel & Guess	Shadow Game: Understand, Create & Guess					
	appreciate! mins	96	Practicing Autonomy 112	116	48		Prepare for Following Week				
	Lunch and Rest (30min)										
LECT	Let's get active!	Provide different outdoo play materials for choic based play									
REFLECT AND WRAI	Let's reflect!	Free conversation	Recap 6	Favourite Activity	Clean Up	Share about next do	y Sye-bye				



Use catchy song tunes to introduce days of the week &month to help memorise them. Sing together every day to help recall & discuss what date/day/month it is daily. HOME LEARNING ACTIVITIES

Help children develop ability to sequence & share events by asking them daily about their day and experiences- what did they do first? After that? In the End? etc. Similarly tell them share stories & talk about steps of different tasks..

Engage children in art & craft activities of making 'Thank You' cards & small items of clay or others as gift gestures to express gratitude. Talk about who children would like to thank & why.



WHAT CHILDREN WOULD LEARN:

- Combines two groups up to five objects and recounts & arranges objects in order.
- Identifies rhyming words & alliterations, recognises & connects commonly occurring letters to sounds & applies known information in a new context.
- Understands sequencing of events & using vocabulary to express the same. Understands life-cycle of different life forms.
- Associates emotions with words, facial expressions, body reactions & practices strategies to manage them. Actively practices safety & inclusion.
- Develops vocabulary & understanding of directions and positions.
- Explores and uses different materials to make visual art work & creates imprints.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WELCOME S FREE PLAY	Let's get started!	Welcome U	Warm up	Hygiene check	Attendance	Weather Q	Free conversation
WELC	Let's play!	Provide different play naterials for choice spaced play		₹ € 6 •			
			Snack (1	lOmins)			
	Let's weave wonders! 20 mins	Story Telling: Gender Inclusion	Singing Rhymes: Direction and Position 2.14	Story Telling: Road Safety	Story Telling: Safe/Unsafe Touch and Body Safety	Singing Rhymes: Add & Reduce Objects	Free Picture book/Story Book Reading Time
ש ה	Let's explore!	First, Then & After: Sequencing of events	How Many Do I Have?: Give, Take, Divide & Count Objects 28	Identical Object Challenge: Observe & Compare Objects Basis Change in Appearance	different figures	Feel the difference: Experiment, Explore, Compare Temperature Differences	Weekly Worksheet: • 3-4: Collage Work (Pg. 18) • 4-5: Picture-
LEARNING AND PLAY	Let's hear and talk!	Health & Hygiene: Discussion of body parts and tools	Lets Discuss: Safe Adults Around Us	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	Finding Rhyming Words: Recognise, Identify, Create Strings 50	My Colourful India: Explore, Understand & Appreciate Diversity 53	Sound Matching – ਧ (Pg. 54) • 5–6: Concept of Habitat (Pg. 43)
	Let's create! 25 mins	Fun with Pictures: Cut/Tear Along the Outline	Make your own rhyme/song	Food Magic: Smell, Taste & Guess the Ingredients	Wrap It Up: Shapes, Boxes, and Decorations	Shelter: Talk About Need & Create Using Different Materials	Observation Based Reinforcement Activities Choice based free
-	Let's appreciate! 20 mins	Lifecycle: Discuss & Understand Different Life Forms	Big Feelings: Express, Release & Manage	Identifying Common Symbols Around Us (Road Safety, Washroom, Food, Danger etc.)	Disability & Inclusion: Recognise, Include, Understand & Respect	Shadow Game: Understand, Create & Guess	indoor/outdoor play OR Community Visit Prepare for Following Week
			Lunch and F	Rest (30min)			
F. A		Provide different outdoo				A & 1312	

REFLECT AND WRAP

Let's get active!



Provide different outdoor play materials for choice based play





HOME LEARNING ACTIVITIES















Let's reflect!



left after giving/taking objects from collection.

9

Free conversation



Recap



Favourite Activity



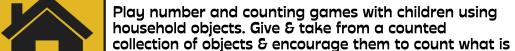
Clean Up



Share about next day



Bye-bye



what is Uig what is und

Dig out old photographs of your children, you & of other family members. Talk about how everyone looks in different stages & guess their age. Look at pictures in newspapers/old books to understand how human body changes with age.

Play guess & tell games with children. Take turns to give cues related to different objects- colour, shape, use, position, texture, smell etc. & guess them.





WHAT CHILDREN WOULD LEARN:

- Creates classroom job charts/posters/models along with other children & with the support of teachers.
- Recognises and connects commonly occurring letters to sounds, words.
- Combines two groups up to five objects and recounts & arranges objects in order up to three levels.
- Plays simple memory and matching games & recognises the effect of one object on an another
- Shares their own ideas, tools, methods of working & responses in peer group.

Clean Up

• Notices and describes general details of common objects, people, pictures, animals, birds in the immediate environment and in pictures/models.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OME &	Let's get started!	Welcome y	Warm up	Hygiene check	Attendance	Weather Q	Free conversation
WELCOME S	Let's play!	Provide different play naterials for choice pased play		₹ \$ 8 •			
			Snack (1	lOmins)			
	Let's weave wonders!	Singing Rhymes: Direction and Position	Singing Rhymes: Rules in the Classroom/ House/ Road/ Park	Singing Rhymes: Add & Reduce Objects	Singing Rhymes: Seasons	Story Telling: Safe Adults	Creating Picture/Word Wall
י פי פי	Let's explore!	First, Then & After: Sequencing of events	How Many Do I Have?: Give, Take, Divide & Count Objects	Models & Maps: Create, Read, Understand	How Many Do I Have?: Give, Take, Divide & Count Objects	Complete the Puzzle: Identify, Extend & Make	Monthly ECCE Day Discuss with
LEARNING AND PLAY	Let's hear and talk!	Adults Around Us	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound 51	Think & Apply Reasoning to	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound 51	Memory Magic: Recall Objects, Words & Patterns	Caregivers-Generalprogress ofchild
	Let's create! 25 mins	Painting: Things	Craft & Creativity: Create Paper- Mache Art & Objects	Floor Art: Rangoli (Shapes, Pattern & more)	Make your own rhyme/song	Artistic Adventure: Free Painting and Drawing	 Domain wise learning mela to understand
-	Let's appreciate! 20 mins	Can you find me?: Find objects basis shared criteria	Let's Construct: Houses, Bridges, Roadways & More	Loud or Soft: Identify sounds, Distinguish & Create Different Pitch Sounds	Lifecycle: Discuss & Understand for Different Life Forms	Shadow Game: Understand, Create & Guess	current skill level • Show & discuss child portfolio
			Lunch and P		,		
T A A	Let's get active!	Provide different outdoo play materials for choice				A LOTE	



Let's reflect!

REFLEC

AND WR

Walk around the home/neighbourhood with your children & observe shadows casted by different objects. Talk about these, trace them using chalk on ground & compare how they change at different points in the day.

mins

based play

Free

conversation

HOME LEARNING ACTIVITIES

Recap

Encourage children to play with clay/dough- let them create whatever they want. Talk, discuss & appreciate their creations. You can also tell them to make shapes, different types of lines, animals etc.

Favourite

Activity

Create a map of your house/neighbourhood with your children. Encourage them to take a tour, observe & draw things out, putting in landmarks /reference points/ objects. Discuss these.

Bye-bye

Share about next day





- Sings rhymes with correct sequence, rhythm & melody, expressing emotions through facial expressions &
- Develops spatial, problem-solving & logical reasoning skills.
- Identifies & matches puzzle pieces correctly, extending patterns & sequences within the puzzle.

- Discusses safe adults in various contexts, identifying & naming them.
- Creates rhythmic beats using household items, exploring diverse sounds & patterns.
- Participates in festivals, learning about diverse practices & develops cultural appreciation.
- Enhances predictive skills by guessing the impact of events or actions.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WELCOME & FREE PLAY	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance (Weather •	Free conversation
WELC	Let's play!	Provide different play materials for choice based play		80			
			Snack (10mins)			
	Let's weave wonders! 20 mins	Singing Rhymes: Add & Reduce Objects	Singing Rhymes: Direction and Position	Story Telling: Safe/Unsafe Touch & Body Safety	Singing Rhymes: Seasons	Singing Rhymes: Colours	Free Picture book/Story Book Reading Time
ַ פּר טַ	Let's explore!	Identical Object Challenge: Observe & Compare Objects Basis Change in Appearance	Models & Maps: Create, Read, Understand		Complete the Puzzle: Identify, Extend & Make	Money Matters: Understand & Transact	Weekly Worksheet: • 3-4: Problem Solving (Pg. 42) • 4-5: Number
LEARNING AND PLAY	Let's hear and talk!	What will happen if?: Think & Apply Reasoning to Situations	Game of Sounds: Break, Join & Replace Syllables	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	Lets Discuss: Safe Adults Around Us	My Colourful India: Explore, Understand & Appreciate Diversity 53	Comparison (Pg. 55) • 5-6: Maze - Problem Solving (Pg. 8)
	Let's create! 25 mins	Make your own rhyme/song	Lets Dance!: Create body movement patterns & perform to fast/slow beats	Festivals: Celebrate & Learn/ Appreciate Diversity	Music Patterns: Create, Compare- High/Low Pitch, Loud/Soft Sounds	Shelter: Talk About Need & Create Using Different Materials	Choice based free indoor/outdoor play OR
	Let's appreciate!	Shadow Game: Understand, Create & Guess	Houses, Bridges, Roadways & More	Release & Manage	Different Life Forms	Identifying Common Symbols Around Us (Road Safety, Washroom, Food, Danger etc.)	Community Visit Prepare for Following Week 62
		117	Lunch and F		110		02
LECT	Let's get active!	Provide different outdoor play materials for choice based play					
REFLECT AND WRAI	Let's reflect!	Free conversation	Recap 4	Favourite Activity	Clean Up	Share about next da	ly Sye-bye



Enjoy dancing with your children, making up moves to fast and slow music beats by playing or singing different rhymes and songs in multiple languages.

Encourage your children understand about money by showing and using real coins/notes for simple transactions. During your market visits, let the child handover and take money back from shopkeepers.

Play guess & tell games with children. Take turns to give cues related to different objects- colour, shape, use, position, texture, smell etc. & guess them.

HOME LEARNING ACTIVITIES



WHAT CHILDREN WOULD LEARN:

- Explores various types of food to understand importance of nutrition & diversity in diet.
- Collaborates with others, takes up responsibility & understands importance of following rules.
- recognises common alphabets & engages actively in story telling and picture book/story book reading sessions.
- Applies creative thinking to reuse & recycle safe waste & keeps surroundings clean.
- Enhances fine motor skills and creativity by cutting or tearing along outlines of common pictures.
- Observes & compares objects based on changes in appearance, experiments & applies logical reasoning.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WELCOME & FREE PLAY	Let's get started!	Welcome y	Warm up	Hygiene check	Attendance (Weather •	Free conversation
WELC	Let's play!	Provide different play naterials for choice ased play		₹ \$			
			Snack (1	Omins)			
	Let's weave wonders! 20 mins	Story Telling: Taking Responsibility, Working With & Helping Others	Singing Rhymes: Add & Reduce Objects	Story Telling: Taking Responsibility, Working With & Helping Others	Direction and Position	Singing Rhymes: Rules in the Classroom/ House/ Road/ Park	Free Picture book/Story Book Reading Time
ַ פּט	Let's explore!	Challenge: Óbserve & Compare Objects Basis Change in	Experiment with Water: See what sinks, floats, dissolves, settles, changes colour etc.	events	How Many Do I Have?: Give, Take, Divide & Count Objects	Models & Maps: Create, Read, Understand	Weekly Worksheet: • 3-4: Collage Work (Pg. 30) • 4-5: Number Comparison (Pg. 51)
LEARNING AND PLAS	Let's hear and talk!	Exploring Food: Types, Tastes, Preferences, Nutrition 61	What will happen if?: Think & Apply Reasoning to Situations	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound 59	Game of Sounds: Break, Join & Replace Syllables	Lets Discuss: Safe Adults Around Us	& Collage Work (Pg. 34) • 5-6: Trace & Colour (Pg. 20) & Free Drawing (Pg. 56)
	Let's create! 25 mins	Making Classroom Rules Poster/Wall	Tearing and Pasting	Craft & Creativity: Create Paper- Mache Art & Objects 92	Fun with Pictures: Cut/Tear Along the Outline	Wonders in our Bin: Reuse & Recycle Safe Waste Creatively	Observation Based Reinforcement Activities Choice based free
	Let's appreciate!	Experiment with Air: Observe what blows in wind and what does not	Let's Construct: Houses, Bridges, Roadways & More	Dressing up: Understanding Need, Diversity & Practicing Autonomy		Lifecycle: Discuss & Understand for Different Life Forms	indoor/outdoor play OR Community Visit Prepare for Following Week 62
			Lunch and R	lest (30min)			

REFLECT
AND WRAP

Let's get active!



Provide different outdoor play materials for choice based play



















Let's reflect!



Fr co

Free conversation



Recap



Favourite Activity



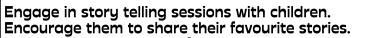
Clean Up



Share about next day



Bye-bye



Together you can create fun stories and rhymes on different topics, as well.

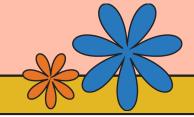


Engage children in takin up responsibility of simple tasks like laying the table, help clean–up toys, water the plants etc. in the house. Make a pictorial chart of daily responsibilities as a reminder with them.

Encourage children to practice independence by dressing up, helping them understand why we wear different clothes and celebrate personal choices in attire.







- Compares objects based on texture, shape, temperature, colour, size, weight etc. Puts objects & events in logical sequence.
- Actively understands & practices safety, common rules, management of feelings & inclusion.
- Engages in narrating events, stories in sequence of occurrence, syllable & sound games.
- Explores, experiments and applies previous knowledge & logical reasoning to arrive at solutions.
- Demonstrates proficiency in number & counting, dividing objects equally in different ways, practicing give-take-count with concrete objects.
- Understands life-cycle of different living forms and places picture cards in sequence.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OME &	Let's get started!	Welcome 1	Warm up	Hygiene check	Attendance (Weather	Free conversation
WELCOME S FREE PLAY	Let's play!	Provide different play materials for choice cased play		800			
			Snack ('	10mins)			
	Let's weave wonders! 20 mins	Story Telling: Safe/Unsafe Touch & Body Safety	Singing Rhymes: Rules in the Classroom/ House/ Road/ Park	Singing Rhymes: Direction and Position	Singing Rhymes: Add & Reduce Objects	Story Telling: Taking Responsibility, Working With & Helping Others	Free Picture book/Story Book Reading Time
ת ט	Let's explore!	Let's Construct: Houses, Bridges, Roadways & More	How Many Do I Have?: Give, Take, Divide & Count Objects	First, Then & After: Sequencing of events	Playing with shape tangrams & making different figures	Feel the difference: Experiment, Explore, Compare Temperature Differences	Numbers (Pg. 47) • 4-5: Matching
LEARNING AND PLAY	Let's hear and talk!	Game of Sounds: Break, Join & Replace Syllables	Exploring Food: Types, Tastes, Preferences, Nutrition 61	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound	What will happen if?: Think & Apply Reasoning to Situations	Explore, Understand & Appreciate	Same Colour Objects (Pg. 49) • 5–6: Number Comparison (Pg. 44)
	Let's create! 25 mins	Draw What You See: Perspective Based Drawing	Floor Art: Rangoli (Shapes, Pattern & more)	Craft & Creativity: Create Paper- Mache Art & Objects	Let's Create: Common spaces in neighbourhood	Food Magic: Smell, Taste & Guess the Ingredients	Observation Based Reinforcement Activities
-	Let's appreciate! 20 mins	Dressing up: Understanding Need, Diversity & Practicing Autonomy 112	Big Feelings: Express, Release & Manage	Countries & Culture: Know & Understand About the World	Disability & Inclusion: Recognise, Include, Understand & Respect	Different Life Forms	Choice based free indoor/outdoor play OR Community Visit Prepare for Following Week 62
			Lunch and F	Rest (30min)			
REFLECT IND WRAP	Let's get active!	Provide different outdoo play materials for choice pased play					
REFLECT AND WRAP	Let's reflect!	Free conversation	Recap 6	Favourite Activity	Clean Up	Share about next da	y Bye-bye



Engage children in creating their own picture/scrap book. Encourage them to tear & paste pictures they like from old newspapers/books etc. & of other natural materials like different leaves/flowers- Talk & Discuss.

HOME LEARNING ACTIVITIES

Engage children in simple non-fire cooking activities for the family. Encourage them to identify & mix ingredients in different quantities, taste, smell, guess & make variations as needed.

Challenge children in construction exercises. For example– tell them to make the tallest tower they can using steel/plastic kitchen utensils, or a long bridge using bricks/stones etc.



WHAT CHILDREN WOULD LEARN:

- Waits for turn, follows short instructions, shows affection, & plays inclusively with diverse peers.
- Assists the teacher, takes up active responsibility, organizes the classroom & shares objects equally.
- Expresses his/her own preferences, interests & makes choices. Engages in stamping & painting and other creative activities.
- Demonstrates understanding of the purpose and function of common items/tools/gadgets.
- Identifies rhyming words from familiar poems & creates new rhyming words.
- Identifies plots and characters in a story and retells it in the correct sequence using vocabulary from the story.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OME & PLAY	Let's get started!	Welcome y	Warm up	Hygiene check	Attendance	Weather	Free conversation
WELCOME FREE PLAS	Let's play!	Provide different play materials for choice based play		80			
			Snack (1	Omins)			
	Let's weave wonders! 5	Singing Rhymes: Handwashing and Personal Cleanliness	Story Telling: Safe Adults	Story Telling: Taking Responsibility, Working With & Helping Others	Story Telling: Animals- Domestic & Wild	Singing Rhymes: Direction and Position	Creating Picture/Word Wall
ה ט	Let's explore!	Identifying Common Symbols Around Us (Road Safety, Washroom, Food, Danger etc.)	Money Matters: Understand & Transact	How Many Do I Have?: Give, Take, Divide & Count Objects	Find the Odd Picture/Object Out	Let's Construct: Houses, Bridges, Roadways & More	Monthly ECCE Day
LEARNING AND PLAY	Let's hear and talk!	Memory Magic: Recall Objects, Words & Patterns	Exploring Food: Types, Tastes, Preferences, Nutrition 61	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound 51	Think & Apply	Game of Sounds: Break, Join & Replace Syllables	Discuss with Caregivers- • Connect with
	Let's create! 25 mins	Draw What You See: Perspective Based Drawing	Stamping & Painting: Things around me	Wrap It Up: Shapes, Boxes, and Decorations	Making Classroom Rules Poster/Wall	Festivals: Celebrate & Learn/ Appreciate Diversity	parents of other same age children on decided
	Let's appreciate!	Lets Discuss: Safe & Unsafe Situations Around Us	Grow a Plant: Nurture, Understand Parts & Function	All We Use: Match Objects with their Uses	Lifecycle: Discuss & Understand for Different Life Forms	Countries & Culture: Know & Understand About the World	developmental themes
			Lunch and F	101 (101)	118	119	
		Provide different outdoo				A -	

REFLECT AND WRAP

Let's get active!



Provide different outdoor play materials for choice based play



















Let's reflect!



Free conversation

n (

Recap



Favourite Activity



Clean Up



Share about next day



Bye-bye



Encourage children to identify common symbols like road signs, restroom signs, food symbols & danger signs in their surroundings for awareness & understanding. Find & talk about these wherever you see them.

HOME LEARNING ACTIVITIES

Engage children in hands-on learning by asking them to give, take, divide equally and count everyday objects at home to different family members, like serving equal number of rotis to everyone, distributing plates etc.

Play a matching game with children where they connect & match everyday objects basis key properties like their use. For example- bucket-mug, brush-toothpaste, & lock-key.



- Understands the concept of time- types and characteristics of different watches & clocks.
- Shows self-regulation skills by calmly accepting changes when feeling upset or angry.
- Identifies, names & distinguishes between healthy & unhealthy foods. Eats independently. Actively engages in literature, participating in stories, poems & read aloud.
- Expresses artistic creativity through drawing & colouring, evolving to create more precise artworks. • Integrates simple words & inventive spellings into drawings, enhancing expressive abilities.
- Prioritises personal safety, identifies & expresses simple emotions through words & facial expressions, seeking support from familiar adults.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OME & PLAY	Let's get started!	Welcome J	Warm up	Hygiene check	Attendance	Weather P	Free conversation
WELCOME FREE PLA	Let's play!	Provide different play naterials for choice pased play		800			
			Snack (1	10mins)			
	Let's weave wonders! 20 mins	Singing Rhymes: Using & Conserving Resources	Story Telling: Taking Responsibility, Working With & Helping Others	Resources 2.15	Story Telling: Craft Your Own Creative Stories	Story Telling: Safe Adults	Free Picture book/Story Book Reading Time
ת ט	Let's explore! 30 mins	Identify Missing Parts	Clock Quest: Understand & Explore Concept of Time, Types of Clock/Watch		Clock Quest: Understand & Explore Concept of Time, Types of Clock/Watch	Models & Maps: Create, Read, Understand	Weekly Worksheet: • 3-4: Draw a Book (Pg. 44) • 4-5: Concept of
LEARNING AND PLAY	Let's hear and talk!	Exploring Food: Types, Tastes, Preferences, Nutrition 61	My Colourful India: Explore, Understand & Appreciate Diversity 53	What will happen if?: Think & Apply Reasoning to Situations	Guess the Sound: Create, Recognise & Differentiate	Lets Discuss: Safe Adults Around Us	colour (Pg. 32) • 5-6: Complete the Picture (Pg. 14) & Free Writing (Pg. 38)
	Let's create! 25 mins	Little Authors: Design your own picture book	Let's Cook: Make Fruit and Vegetable Chaat	Craft & Creativity: Create Paper- Mache Art & Objects	Floor Art: Rangoli (Shapes, Pattern & more)	Lets Dance!: Create body movement patterns & perform to fast/slow beats 77	Observation Based Reinforcement Activities Choice based free
	Let's appreciate!	Big Feelings: Express, Release & Manage	Sorting Activity: Sort basis colour, shape, size & other criteria	Let's Construct: Houses, Bridges, Roadways & More	Road Safety: Understand & Role Play Rules	Let's discuss: Safe & unsafe situations around us	indoor/outdoor play OR Community Visit Prepare for Following Week 62
			Lunch and P	Rest (30min)			
T AP		Provide different outdoo play materials for choice				A LOVER TORREST	



Let's reflect!

REFLEC AND WR

> Make a colourful fruit & vegetable chaat together. Gather ingredients like apples, cucumbers, tomatoes, and sprinkle chaat masala for added flavour.

mins

based play

Free

conversation

Favourite

Activity

Clean Up

about the hour & minute hands & discuss daily activities associated with different times of the day.

HOME LEARNING ACTIVITIES

Recap

Create rangoli art using materials like coloured powders or even flower petals. Explore different shapes & patterns to make your rangoli vibrant and unique.

Using a clock or watch, explore the numbers, talk

Share about next day



- Develops time-telling skills, recognising basic clock features, understanding simple time intervals, & associating the concept of time with their daily routines.
- Shows keen observation, attentive listening & adeptly follows instructions, matching descriptions with
- Engages with environment, local/global culture & existing art while using resources mindfully.
- Engages in literature through stories & poems, expressing artistic creativity through precise drawings &
- Explores & appreciates world diversity through interactive experiences, learning about various cultures, traditions, & perspectives.
- Explores stories of national significance, fostering pride and understanding inspiring figures.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OME &	Let's get started!	Welcome y	Warm up	Hygiene check	Attendance	Weather P	Free conversation
WELCOME FREE PLAS	Let's play!	Provide different play materials for choice based play		80			
			Snack (10mins)			
	Let's weave wonders! 20 mins	Singing Rhymes: Different Types of Transport & Sounds 2.7	Story Telling: Craft Your Own Creative Stories	Singing Rhymes: Using & Conserving Resources	Story Telling: Taking Responsibility, Working With & Helping Others	Story Telling: Craft Your Own Creative Stories	Free Picture book/Story Book Reading Time
ט א	Let's explore! 30 mins	Clock Quest: Understand & Explore Concept of Time, Types of Clock/ Watch	different figures		Clock Quest: Understand & Explore Concept of Time, Types of Clock/ Watch	How Many Do I Have?: Give, Take, Divide & Count Objects	 Weekly Worksheet: 3-4: Similar Object Matching (Pg. 17) 4-5: Count & Write
LEARNING AND PLAS	Let's hear and talk!	Weeks & Months: Name, Discuss & Associate Events	instructions: Find objects as per	Picture Hunt: Observe & Match Basis Criteria		Exploring Food: Types, Tastes, Preferences, Nutrition 61	Numbers (Pg. 38) • 5–6: Free Drawing (Pg. 48) & Addition (Pg. 53)
	Let's create! 25 mins	Fun with Pictures: Cut/Tear Along the Outline	Little Authors: Design your own picture book	Draw What You See: Perspective Based Drawing	Food Magic: Smell, Taste & Guess the Ingredients	Music Patterns: Create, Compare- High/Low Pitch, Loud/Soft Sounds 83	Observation Based Reinforcement Activities Choice based free
-	Let's appreciate!	Countries & Culture: Know & Understand About the World	Celebrating Heroes: Stories of National Pride	Dressing up: Understanding Need, Diversity & Practicing Autonomy	Countries & Culture: Know & Understand About the World	Celebrating Heroes: Stories of National Pride	indoor/outdoor play OR Community Visit Prepare for Following Week 62
			Lunch and F	Rest (30min)			
H A A	Let's get active!	Provide different outdoor				A SO THE	

REFLEC AND WR

Let's get active!



play materials for choice based play





















Let's reflect!



Free conversation



Recap



Favourite Activity



Clean Up



Share about next day



Bye-bye



Go on a scavenger hunt with your children! Find things around the house based on simple instructions, like "find something round" or "find something soft."

Turn your kitchen into a music studio and explore how different sounds are made. Make beats with your children using pots, pans & spoons as your instruments.

Explore weeks & months together. Use a calendar to talk about the days & months. Discuss special events, festivals & birthdays, associating them with different months.







- Actively engages in literature & explores stories of national significance & inspiring figures.
- Develops adequate vocabulary & expresses spatial understanding through primitive maps.
- Observes, compares, describes, & creatively applies knowledge to identify common letters & their sounds, signs, logos & labels,
- Explores & appreciates diversity through creation & interaction, & eats diverse types of food.
- Identifies basic clock features, understands simple time intervals, & associates the concept of time with their daily routines.
- Expresses wants & feelings, waits for their turn & manages feelings by calmly accepting changes in activities.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WELCOME & FREE PLAY	Let's get started!	Welcome y	Warm up	Hygiene check	Attendance (Weather	Free conversation
WELC	Let's play!	Provide different play materials for choice based play		80			
			Snack (10mins)			
	Let's weave wonders! 5	Story Telling: India's Freedom Journey & National Heroes	Story Telling: Craft Your Own Creative Stories	Singing Rhymes: Using & Conserving Resources	Story Telling: India's Freedom Journey & National Heroes	Story Telling: Craft Your Own Creative Stories	Free Picture book/Story Book Reading Time
ט א	Let's explore!	Picture Hunt: Observe & Match Basis Criteria	Models & Maps: Create, Read, Understand	Understand & Explore Concept of	Playing with jigsaw puzzles: Complete & Identify Missing Parts	Money Matters: Understand & Transact	 Weekly Worksheet: 3-4: Complete the Picture (Pg. 40) 4-5: Concept of
LEARNING AND PLAY	Let's hear and talk!	Things Around Us: Identify & Describe Fruits, Vegetables, Animals, Birds etc. 56	Road Safety: Understand & Role Play Rules	Exploring Food: Types, Tastes, Preferences, Nutrition 61	Weeks & Months: Name, Discuss & Associate Events	Memory Magic: Recall Objects, Words & Patterns	Numbers (Pg. 12) • 5–6: Free Drawing (Pg. 52) & Pattern Completion (Pg. 58)
	Let's create! 25 mins	Artistic Adventure: Tearing and Pasting	Draw What You See: Perspective Based Drawing	Identify, Draw & Share Feelings	Wrap It Up: Shapes, Boxes, and Decorations	Wonders in our Bin: Reuse & Recycle Safe Waste Creatively	Observation Based Reinforcement Activities Choice based free
	Let's appreciate!	Countries & Culture: Know & Understand About the World	Celebrating Heroes: Stories of National Pride	Countries & Culture: Know & Understand About the World	Identifying Common Symbols Around Us (Road Safety, Washroom, Food,	Celebrating Heroes: Stories of National Pride	indoor/outdoor play OR Community Visit Prepare for Following
		119			Danger etc.) 31	120	Prepare for Following Week 62
				Rest (30min)			
REFLECT AND WRAP	Let's get active!	Provide different outdoor play materials for choice based play					
REFI	Let's reflect!	Free conversation	Recap	Favourite Activity	Clean Up	Share about next do	ay Sye-bye



Get creative with your children by reusing safe waste materials. Use items like old cardboard/plastic boxes/bottles parts. Use large pictures cut from old books & & old newspapers to make something new & useful.

Complete puzzles together & identify missing newspapers, tear them into 4-5 pieces at max.

Activity

HOME LEARNING ACTIVITIES

Craft creative narratives with your child using story prompts. Use paper & crayons you have at home to draw the stories you come up with together. You can even create different types of puppets.



WHAT CHILDREN WOULD LEARN:

- Attentively listens & recalls events & characters in correct sequences while retelling them.
- Expresses creativity in drawings, crafts personal narratives & picture books.
- Develops communication skills while interacting with others in a safe environment.

- Makes choices & expresses preferences while showing sensitivity to diversity, disability & nature.
- Creatively applies known information while using shared resources (paper, power) mindfully.
- Shows keen observation, attentive listening, follows instructions & matches descriptions with pictures effectively.

	LEARNING TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OME &	Let's get started!	Welcome y	Warm up	Hygiene check	Attendance (Weather	Free conversation
WELCOME FREE PLAS	Let's play!	Provide different play naterials for choice		₹ 8 •			
			Snack (1	Omins)			
	Let's weave wonders! 20 mins	Story Telling: India's Freedom Journey & National Heroes	Story Telling: Craft Your Own Creative Stories	Singing Rhymes: Using & Conserving Resources	Story Telling: India's Freedom Journey & National Heroes	Story Telling: Craft Your Own Creative Stories	Creating Picture/Word Wall
ט א	Let's explore!	Picture Hunt: Observe & Match Basis Criteria	Playing with shape tangrams & making different figures	Roll & Slide: Predict, Experiment, Find out	Picture Hunt: Observe & Match Basis Criteria	Clock Quest: Understand & Explore Concept of Time, Types of Clock/Watch 33	Monthly ECCE Day Discuss with
LEARNING AND PLAS	Let's hear and talk!	Follow the instructions: Find objects as per instruction 58	Recognise Alphabets: Identify & Associate common alphabets of L1 with sound 51	Family: Talk about relationships, draw family tree, role-play	Types, Tastes, Preferences, Nutrition	Health & Hygiene: Discussion on Routines, Body Parts, tools to Clean	Caregivers-Demonstratehow to conductphysical
	Let's create! 25 mins	Little Authors: Design your own picture book	Festivals: Celebrate & Learn/ Appreciate Diversity	Little Authors: Design your own picture book	Craft & Creativity: Create Paper- Mache Art & Objects	Draw What You See: Perspective Based Drawing	development activities with children:
	Let's appreciate!	Countries & Culture: Know & Understand About the World	Celebrating Heroes: Stories of National Pride	Road Safety: Understand & Role Play Rules	Countries & Culture: Know & Understand About the World	Celebrating Heroes: Stories of National Pride	Hopscotch, Yoga, Sports, etc. Talent Show
		113	Lunch and R		, 113	120	

REFLECT AND WRAP

Let's get active!



Provide different outdoor play materials for choice based play

















Let's reflect!



9)

Free conversation



Recap



Favourite Activity



Clean Up



Share about next day



3ye-bye



Discuss traffic rules with your children, emphasising safety. Using tapes on the floor of the house, create a mini road for role-playing. Use toy cars, draw road signs on paper & demonstrate role-play road scenario.

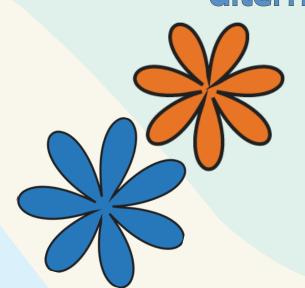
HOME LEARNING ACTIVITIES

Draw a family tree together on a large paper, adding names & relationships. Role-play different family scenarios to make it fun & interactive.

Share stories about India's freedom struggle using simple language. Encourage your child to ask questions & discuss the importance of independence.

Recap & Reinforcement Plan

This 4 week plan can be used to recap and reinforce the learnings of the previous weeks and strengthen learning. During these weeks, basis ongoing observation, the Anganwadi Worker can curate specific activities for children to focus on skills that need further strengthening. These plans can be used during specific events like the Poshan Maah/Poshan Pakwadha etc. to reduce duration of learning activities at centre and engage in alternate activities and celebrations.





RECAP AND REINFORCEMENT WEEK 5

WHAT CHILDREN WOULD STRENGTHEN:

- Understanding and using vocabulary on spatial concepts. Demonstrating understanding by creating maps and giving verbal directions.
- Enhanced creativity and expression.

FREE PLAY

WELCOME

LEARNING

- Understanding & appreciating diversity-inclusion of all irrespective of ability, sex etc.
- Expressing kindness and empathy towards all living forms.
- Appreciation & curiosity to explore different books, print motivation.

LEARNING TIME MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY Warm Let's get started! Welcome Hygiene check Weather **Attendance** Free conversation mins au Provide different play Let's play! materials for choice based plau

Snack (10mins)

Let's have fun!



Take up different themes everyday and engage children in multiple, varied, fun, play based activities





- Concepts **Spatial Concepts:** Understand In/Out. over/under. top/ bottom, front/back
- Let's Create Common Spaces in Neighbourhood

2.8, 20, 87



CREATIVITY & EXPRESSION

- **Artistic Adventure:** Free Painting & **Drawing**
- Fun with Patterns: Create Art/Craft/Beading, **Body Movement** Patterns Craft & Creativitu: **Create Paper**

64, 78, 92

Mache Art & objects



DIVERSITY & INCLUSION

Story Telling: Disability & inclusion My Colourful India: Explore, Understand & Appreciate Diversity Disability & Inclusion: Recognise, Include. Understand & Respect

1.11, 53, 113



KINDNESS & **EMPATHY**

Story Telling: **Conflict Resolution** Story Telling: Taking Responsibility, Working With & **Helping Others**

1.5. 1.15



WORLD OF BOOKS

- Let's Describe Pictures: Talk & Discuss what one can see
- Little Authors: Design your own Picture Book



Revisit & Strengthen

- Worksheets
- Key Activities

Provide Support

- One-on-One
- Small, rotating aroup activities
- Peer Pairing

Observe & Record Individual **Achievements**

3.94





Use this slot to prepare for and conduct different activities during the Poshan Maah and/or Poshan Pakwadha and/or other festivals and celebrations

Lunch and Rest (30min)

WRAP REFLECT Let's get active!



Provide different outdoor play materials for choice based plau

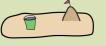


















Let's reflect!



Free conversation



Recap



Favourite **Activitu**



Clean Up



Share about next day



Bye-bye



AND

Share stories or videos featuring boys and girls in diverse activities to highlight equality. Discuss how boys & girls are equal-can play, do, become anything they want.

HOME LEARNING ACTIVITIES

Help children develop ability to sequence & share events by asking them daily about their day & experiences— what did they do first? After that? In the End? etc. Similarly tell them share stories & talk about steps of different tasks.

Play with children to build their understanding of positions & spaces by asking them to keep different objects in different places- using words like in/out, over/under, top/bottom, front/back etc.

RECAP AND REINFORCEMENT WEEK &

WHAT CHILDREN WOULD STRENGTHEN:

- Enjoying listening to & creating folklore, rhymes, songs, stories with increased recall, interest & attention.
- Develop scientific temperament to explore, hypothesize, experiment, conclude.

- Appreciating diversity & culture in the country & world- art forms, religion, language, festivals etc.
- Understand & recognize famous people & their achievements.

LEARNING TIME MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY FREE PLAY Warm Hygiene check Let's get started! Welcome Weather Attendance Free conversation mins au Provide different play Let's play! materials for choice based plau Snack (10mins)

Let's have fun!



Take up different themes everyday and engage children in multiple, varied, fun, play based activities

LEARNING AND PLAY

WELCOME





STORIES & RHYMES

- Create your own creative stories
- Make Your Own Rhume/Sona
- Retell, Role Play Familiar/Favourite Stories/Rhymes

5. 91



FESTIVALS & **CULTURE**

- Festivals: Celebrate& Learn/Appreciate Diversity
- Floor Art: Rangoli (Shapes, Patterns & More)

88.86



INDIA & THE WORLD

- My Colourful India: Explore, **Understand &** Appreciate Diversity
- Countries & Culture: Know & **Understand About** World

53, 120



NATIONAL HEROES

- Story Telling: India's Freedom Journey & National Heroes **Celebrating Heroes**
 - Shadow game: **Understand Create** & Guess

STEAM CONCEPTS

Experiment, Find

Roll & Slide:

Predict.

Out

Feel the Difference: Experiment. **Explore & Compare Temperatures**

108, 117, 21



Revisit & Strengthen

- Worksheets
- Key Activities

Provide Support

- One-on-One
- Small, rotating aroup activities
- Peer Pairing

Observe & Record Individual **Achievements**





Use this slot to prepare for and conduct different activities during the Poshan Maah and/or Poshan Pakwadha and/or other festivals and celebrations

Lunch and Rest (30min)

WRAP REFLECT AND

Let's get active!



Provide different outdoor play materials for choice based plau











1.16, 121









Let's reflect!



Free conversation



Recap



Favourite Activity



Clean Up



Share about next day



Bye-bye

Share stories about India's freedom struggle using simple language. Encourage your child to ask questions & discuss the importance of independence.

HOME LEARNING ACTIVITIES

Share or show stories related to festivals from different parts of India. Ask questions like "What do you find interesting about this festival?"

Under guided supervision, give children a tub of water and encourage them to experiment by putting different things in it and checking what sinks and what floats.



RECAP AND REINFORCEMENT WEEK7

WHAT CHILDREN WOULD STRENGTHEN:

- Recognise, experiment, categorise and use primary & secondary colours in art work.
- Recognise different shapes & their characteristics, draw/trace them, classify objects basis shape & create interesting patterns using them.
- Enjoy & practice rhythmic patterns in music, beats, body movements etc.
- Develop phonological awareness and associate sounds with letters of L one language.
- Recognise & understand numbers, count in sequence, one-to-one correspondence.

LEARNING TIME MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY FREE PLAY Warm WELCOME Hygiene check Let's get started! Welcome Weather **Attendance** Free conversation min au Provide different play materials for choice Let's play! based play Snack (10mins)

Let's have fun!



Take up different themes everyday and engage children in multiple, varied, fun, play based activities







2.13, 7, 14



COLOURS AROUND US

- Singing Rhymes: Colours
- Colours Around Us: Identify, Find & Sort
- Colours & Shades: Identify, Create, Compare & Match



FUN WITH SHAPES

- **Shapes Around** Us: Identify, Find & Sort
- Pattern Making: Recognise, Repeat & Extend Patterns
- Plauina with Shape Tangrams & Making Different Figures

8.18.23

Follow the Instructions: Bodu Movement

- **Music Patterns:** Create, Compare High/Low Pitch, Loud/Soft Sounds
- Let's Dance: Create **Body Movement** Patterns & perform to fast/slow beats

47, 83, 77



MUSIC & MOVEMENT SOUNDS & SYLLABLES

- Playing with Sounds Identify & Differentiate Beginning & Ending
- Sounds Finding Rhyming Words: Recognise, Identify, Create
- Recognise Alphabets: Associate common alphabets of L1 & Identify them

38, 50, 51

NUMBERS

Singing Rhymes: Numbers & Counting Number Vocabulary: Understanding &

Counting in correct sequence How Many Do I Have Give, Take, Divide & **Count Objects**

2.9, 25, 28



Revisit & Strengthen

- Worksheets
- Keu Activities

Provide Support

- One-on-One
- Small. rotatina aroup activities
- Peer Pairing

Observe & Record Individual **Achievements**





Use this slot to prepare for and conduct different activities during the Poshan Maah and/or Poshan Pakwadha and/or other festivals and celebrations

Lunch and Rest (30min)

WRAP REFLECT Let's get active!



Provide different outdoor play materials for choice based plau



















Let's reflect!



Free conversation



Recap



Favourite Activity



Clean Up



Share about next day



Bye-bye



AND

LEARNING AND PLAY

> Utilize everyday objects to create simple and complex patterns. Encourage children to first identify and copy patterns, then extend and create by themselves.

HOME LEARNING ACTIVITIES

Encourage children to find objects of different shapes around the house, trace their boundary with finger, name and describe the characteristics of each shape. Encourage them to draw shapes in air, water, sand.

Play different types of music and encourage children to dance to beats. Excite them to make their own dance moves and perform suiting the beats you make using easily available materials.

RECAP AND REINFORCEMENT WEEK 8

WHAT CHILDREN WOULD STRENGTHEN:

- Use careful observation & senses to explore different objects, recognise, compare & differentiate between them, apply logical reasoning.
- Develop scientific temperament to explore, hypothesize, experiment, conclude.

- Sort, compare, classify objects basis similarities-differences & appreciate their properties.- shape, colour, texture, use, location etc.
- Recognise common signs, symbols, logos.

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MARVELLOUS BRAIN

- · Who Am I?: Touch, Feel Guess
- Memory Magic: Recall Objects. Words, Patterns
- Picture Hunt: Observe & Match **Basis Criteria**
- What Will Happen If: Think & Apply Reasoning to Situations

48, 54, 34, 60



STEAM CONCEPTS

- Let's Construct: Houses. Bridges. Roadways & More
- Measure & Compare: Length. Weight& Heiaht
- Draw What You See: Perspective **Based Drawing**

31, 26, 93



FIND ME

- Scavenger Hunt: Find Objects of Different Colour and/or Shape
- Can You Find Me?: Find objects basis shared criteria Who Am I?: Touch.
- Feel & Guess

97, 110, 48

SIGNS. SYMBOLS & LOGOS

- Identifying Common Symbols Around Us
- **Money Matters: Understand &** Transact

COMPARE. MATCH & COMPLETE

- Playing with jigsaw puzzles: Complete & Identify Missing Parts
- Let's Compare: Understand & Compare basis number, length,

9. 11

Revisit & Strengthen

- Worksheets
- Key Activities

Provide Support

- One-on-One
- Small, rotating aroup activities
- Peer Pairing

Observe & Record size, weight, volume Individual **Achievements**





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WRAP REFLECT AND

FREE PLAY

WELCOME

LEARNING

Let's get active!



Provide different outdoor play materials for choice based plau











24. 32









Let's reflect!



Free conversation

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Favourite Activity



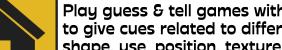
Clean Up



Share about next day



Bye-bye



Play guess & tell games with children. Take turns to give cues related to different objects- colour, shape, use, position, texture, smell etc. & guess them.

HOME LEARNING ACTIVITIES

Explore the neighbourhood with your children and point out familiar logos or signs, like those from the grocery store or stop signs. You can also help in drawing these.

Set up a market at home with household objects, assign a value to each item. Create play money and encourage children to buy and sell different



